



COMMUNITY BULLETIN

September 2022

Welcome to your September Community Bulletin. We are continuing to produce a monthly bulletin with our health and community partners to keep you updated about community activity across Rossendale. This will include information on community group activities, events, health information, grants and community training opportunities. We hope you will find the bulletin useful.

All published Community Bulletins are available at

https://www.rossendale.gov.uk/downloads/download/11317/coronavirus_community_bulletins

Feel free to share the bulletin with friends, community groups and on community group social media. If you have some information that you would like to share in the next bulletin, or you would like to be added to the e-mail distribution list, please contact us at communitiesteam@rossendalebc.gov.uk



COST OF LIVING SUPPORT

Help for Households - What people need to know

- More than eight million people on means-tested benefits will receive a payment of £650 this year, made in two instalments. This includes all eligible households receiving at least 1 pence on the qualifying date of the following benefits; **Universal Credit, Income-based Jobseekers Allowance, Income-related Employment and Support Allowance, Income Support, Pension Credit, Working Tax Credit and Child Tax Credit**
- **The first payment of £326** will be made to **households in payment of a qualifying benefit between April 26 and May 25 from July 14**, with a further £324 to be paid from September – totaling £650. For eligible households on tax credits only, the first payment will be made in the autumn and the second in the winter. Payments will be made automatically via usual payment methods – people do not need to contact HMRC or DWP or apply for the payment
- **There will also be a £150 payment** made to people on qualifying disability benefits which can be in addition to the above due to be paid **in September**
- **There will also be an extra £300** for pensioner households paid as an increase to their winter fuel payment to be paid from mid-November
- **In addition to these payments, there is also the *Energy Bills Support Scheme* which will see all domestic energy customers receive a one-off rebate of £400 paid by their energy providers.** This money will not need to be paid back
- Households liable for Council Tax in Bands A-D in England have received a £150 Council Tax Rebate to help with the rising cost of bills
- *And the government has also extended the Household Support Fund until March 2023*, providing an extra £421million of local support in England and £79 million to the Devolved Administrations



What you need to know at a glance

Payment	Date to be paid	Eligibility	More information
Cost of Living Payment, totalling £650, for those on low income means-tested benefits	First payment of £326 will be paid from July 14 with a second payment of £324 to be paid in the Autumn – totalling £650	<p>People on an eligible benefit in payment on each qualifying date. These benefits are:</p> <ul style="list-style-type: none"> • Universal Credit • Income-based Jobseeker's Allowance (JSA) • Income-related Employment and Support Allowance (ESA) • Income Support • Pension Credit 	Cost of Living Payment - GOV.UK (www.gov.uk)
Cost of Living Payment, totalling £650, for those on Tax Credits only	First payment of £326 will be paid from Autumn 2022 with a second payment of £324 to be paid Winter 2022 – totalling £650	<p>For eligible households receiving tax credits on each qualifying date.</p> <p>It is possible for customers to be entitled to both tax credits and other eligible benefits. So HMRC will make payments to eligible customers receiving tax credits only, shortly after DWP paying to all those on other benefits, to avoid duplicate payments.</p>	Cost of Living Payment - GOV.UK (www.gov.uk)
One-off disability payment of £150	September 2022	<p>People on an eligible disability benefit in payment on any day between April 26 and May 25 2022 will receive a one-off payment of £150 in September. Click the link to see who is eligible.</p>	Cost of Living Payment - GOV.UK
One-off £300 increase to Winter Fuel Payment	As part of Winter Fuel Payment from mid-November	<p>This one-off increase go to more than 8 million pensioner households across the UK who receive the Winter Fuel Payment and will be paid on top of any other one-off support an eligible pensioner household is entitled to.</p>	Cost of Living Payment - GOV.UK (www.gov.uk)

2022 WHITWORTH RUSHCART

Sun 4 Sept

1pm: Whitworth Museum
Procession feat.

**Whitworth Vale & Healey Band,
Whitworth Rushcart Dancers,
Britannia Coconut Dancers
& more!**

1.30pm - 4.30pm: The Ashcroft
hot & cold food, arts & crafts fair,
stalls, morris dancing,
entertainment, rides,
bar open!

MORE INFO: 01706 852018 WWW.WHITWORTH.GOV.UK



COMMUNITY
FUND

St Anne's Church
WELLBEING + CARE + HOPE
EDGESIDE

60'S Family Social!

**SATURDAY 10th
September
2-4pm**

**St Anne's Church,
Edgeside**

**Live Music, Open Mic,
60s Fancy Dress, kids crafts
Booking essential:
wellbeing@stannedgeside.co.uk**

**In Association with Rossendale
60's Festival 2022**

Made with PosterMyWall.com

WWW.ROSSENDALE60SFEST.WORDPRESS.COM

GRASS

Grane Residents Association



About Us

GRASS carries out environmental improvements in our area, monitors local planning applications and addresses issues concerning the communities of Grane, Haslingden and Helmshore.

We hold monthly meetings at the Holden Arms. We invite anyone who would like to get involved to attend and share their ideas. We're always looking for volunteers with special interests and skills but more importantly enthusiasm!

You can support us by...

- ✔ Visiting our website www.grass-online.co.uk
- ✔ Following our Facebook group.
- ✔ Coming along to our friendly, monthly meetings at the Holden Arms pub - check our Facebook page and/or website for details.
- ✔ Making a small regular or one-off donation to Grane Residents Association sort code 30-92-53 account number 01464867.

For further information and contact details, please visit.

www.grass-online.co.uk

NO ROOM FOR RACISM

SEE IT? HEAR IT? REPORT IT!

If racism is affecting your mental health, We're here for you. Our information can help you understand the impact of racism – and choose how and where to seek help.

CONTACT US

ZED M: 07951 838938

E: equalitiesandjustice@gmail.com



Supported by

DUCHY of LANCASTER
BENEVOLENT FUND

Lancashire Lieutenancy Office, County Hall, Preston, Lancashire, PR1 8XJ

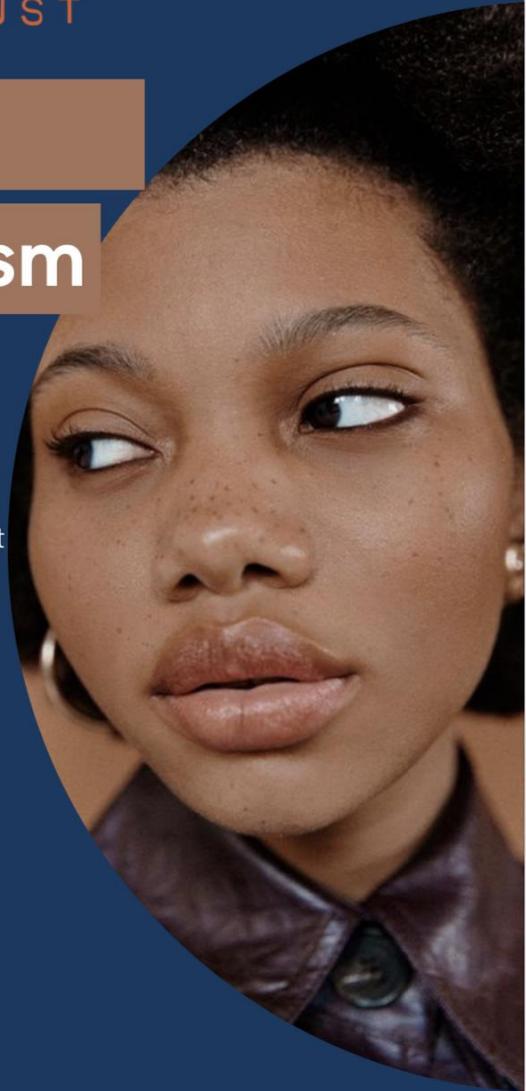
EJN EQUALITIES
AND JUSTICE
NORTHWEST
EQUITY, INCLUSION & DIVERSITY @ HEART



Rossendale

Against Racism

A Support network for racially minoritised individuals, groups, communities and organisations within Rossendale. Our Support network includes but is not limited to : creating cultural experiences, ensuring a space for our religious practices, and traditions, ensuring a representation of our ancestry, language, dialect and national origins.



GET IN TOUCH IF YOU WOULD LIKE TO JOIN WITH US
WWW.SHIVATRUST.ORG | INFO@SHIVATRUST.ORG | 01706 214 730



BabySense

Tuesday 6th September - Tuesday
18th October 10-11:15

A relaxed, friendly baby group where parents/carers can socialise with others and bond with their baby. With props, massage, music, a brew and bubbles!

Location St Anne's Church, Edgeside,
Ashworth Road, BB4 9JE

To book, please email:
wellbeing@stannededgeside.co.uk

Places are free. It would be lovely to see
you there!



**BURNLEY PENDLE
& ROSSENDALE**
COUNCIL FOR VOLUNTARY SERVICE
Registered Charity Number 1041114 - Company Limited By Guarantee 1492936

NHS
East Lancashire
Clinical Commissioning Group

**Social
prescribing**
for East Lancashire



**COMMUNITY
FUND**

**Newchurch Village Community Association
presents**



Bird of Prey Display by SMJ Falconry
including hunting demonstration.

Saturday October 1st, 2pm
Newchurch St Nicholas School,
Dark Lane.

All welcome, donations only.
info@newchurch-village.co.uk

**NVCA gratefully acknowledges community funding from
Rossendale Borough Council**

Drop-in group refugees and anyone seeking asylum



everyone welcome

wednesdays 10.30am-12.30

at Haslingden Community Link

Bury Road, Haslingden, BB4 5PG

- meet new friends • bring your questions
- practise English • find support
- talks, activities, games
- free coffee & tea • Rossendale bus fare refunded

Rossendale Refugee Support Group
Supported by Rossendale Borough Council and the Shiva Trust

Are you a refugee or seeking asylum? You will be welcome at our drop-in! Come along any Wednesday, no appointment needed. Or for more info, contact Alison 07930 351270

اذا كنت لاجئ او طالب لجوء، يمكنك ان تزورنا في مكتبتنا. مرحب بك كل يوم اربعاء. لست بحاجة حجز موعد.
٠٧٩٣٠٣٥١٢٧٠ للمزيد من المعلومات يمكنك التواصل مع هذا الرقم

اذا تو پنهانبری یا خود پناخواز؟
به خیر هانتان ده کهین بو کوپونه ووی هفتانه هه موه حواره ممه به ک، پیویست به ژوان (مهوعید) دانان
ناکات، بو زانیاری زیاتر په یوهندی بو ٠٧٩٣٠٣٥١٢٧٠

ی آماده ما چهارشنبه روزهای، دارید راهنمایی یا کمک به نیاز اگر هستید؟ پناهجو انگستان در شما آیا
٠٧٩٣٠٣٥١٢٧٠: بگیریید تماس آلیسون با بیشتر اطلاعات برای. هستیم شما به خوشامدگویی



Craft & Chat

St Anne's Church
lets build together EDGESIDE



**A social group for adults.
St Anne's Church, Edgeside**

**Thursdays from 11th August-20th
October 10-11:30am**

**Come along to a friendly and
informal group to make friends,
have a brew, try new skills and
have a natter! All welcome!**

For more information, email
wellbeing@stannedgeside.co.uk
or speak to Natalie

THE UNITY FRIDGE

A simple solution to wasting less through
the sharing of good quality food.



Opening times:

Tuesday 10 am-12 pm

Thursday 10 am-12 pm

Contact details:

Telephone: 07450 568 782

Email: admin@rawtenstallunitarians.org

Facebook @The Unity Fridge

Find the fridge at:

Unitarian Church
34 Bank Street, Rossendale, BB4 8DY



DIGITAL INCLUSION PROJECT

Are you 18 + ?

Are you from a low income family?

And you qualify in at least one of the following statements:

1. Has no access or insufficient access to the internet at home
2. Has no or insufficient access to the internet when away from the home
- 3 Cannot afford your existing monthly contact or top up



Maybe we can help you with Shiva Trust digital inclusion project. We can provide you with free data, free calls and texts for 6 months or more.

**Get in touch for more information on how to sign up.
Email info@shivatrust.org**

The Haven

is open every



Thursday

9.30a.m. to 1.30p.m

For coffee and chat, meet and
make new friends



Craft activities, table top board
games and indoor bowling

The Haven is based in Rawtenstall
in Room 1 of the Rossendale
Methodist Church
(next to Boots and Fitzpatrick's)



Lunches available

Come along and join with us – it will be great to meet you



COMMUNITY
FUND



St Anne's Church
10-15 WILKINSON ROAD
EDGESIDE

ST ANNE'S TODDLER GROUP

Wednesdays 10-11:30
St Anne's Church,
Ashworth Road,
Edgeside

Come to join us for free play,
craft, story time song time
& snack time plus tea/coffee

A lovely chance for children and
their carer to socialise and grow,
together
£1 per child per week

Booking essential:
wellbeing@stannedgeside.co.uk

FUNDING



Office of the Police and Crime Commissioner Community Fund

The Community Fund fund is open to Community Safety Partnerships, local charities and organisations and Parish and Town councils for projects and initiatives that support one or more of the Commissioner's priorities.

All information in relation to this fund can be found on our website here - <https://www.lancashire-pcc.gov.uk/grant-funding/safer-lancashire-neighbourhoods-fund/community-fund/>

HEALTH AND WELLBEING



Do you care for someone who is living with dementia?

Beacon Dementia and Wellbeing have commissioned Train2care to run 3 virtual dementia tours on Friday 23 September 2022. These will be held on the Virtual Dementia Tour bus on Town Square in Rawtenstall.

The virtual dementia tour provides a realistic experience of the physical and mental challenges for someone who is living with dementia, to help you better understand their behaviours and needs. This unique, interactive training experience, using sensory tools and instruction, has been proven to improve communication and care.

We have a limited number of places available for family and professional carers and for staff and volunteers of community groups/organisations providing care or services for people living with dementia.

To express your interest in taking part, please email hello@beaconrossendale.org.uk

The experience is free for families and volunteers of community groups and subsidised for professional carers and businesses.

With grateful thanks to our funders for supporting this event





Understanding Dementia Course

WHERE: Rossendale

WHEN: Wednesday 7th September, 10am - 3:30pm

Free One Day Course

This course is designed to help you develop skills and confidence to support you in your caring role. "My husband has just been diagnosed with dementia this year and it was the first time I had been to anything like this. It gave me lots of information and more of an insight on how to move forward" (Carer)

We will address key topics of diagnosis and progression of symptoms, treatment, services, and changing relationships. All course materials are provided including a free buffet lunch. If you need help with transport or someone to look after the person you are caring for please call us to discuss how we can assist you.

For more info and to book your place call 01254 387444



Booking essential

MENTAL HEALTH AWARENESS

MENTAL HEALTH
DOES NOT
DISCRIMINATE

*It can affect people
of any Age, Race,
Religion or income*



contact us via

Zed M: 07951 838938

Alex M: 07575202777

Naveah M: 07591704919

E: equalitiesandjustice@gmail.com





East Lancashire Hospitals
NHS Trust

Young People's Mental Health

**Concerned about your Mental Health?
Are you under 18 or concerned about
someone under 18?**

**Advice sessions are available on-line via
Attend Anywhere**

Log on using the hyperlink - <https://nhs.vc/HLSC/CAMHS>

Enter the word "drop" as the first name and "in" as the second name followed by your date of birth. You will then enter our virtual waiting area where we will collect you.

Tues	6	September	3pm – 5pm
Wed	14	September	5pm – 7pm
Tues	20	September	1pm – 3pm
Wed	28	September	3pm – 5pm

Safe | Personal | Effective

Trading Standards

Beware cleaning product cold callers

Residents in Rossendale are advised that a salesman has been in the area, using pushy sales techniques to sell cleaning products at the door. While not illegal, these products are likely to be overpriced, and purchasers will not have recourse to legal protections if the items are faulty or dangerous, as they would when purchasing from a known supplier or local shop. There are also worries that door-to-door salesmen may be trying to find out who lives at a property, and what it is like inside, especially since areas with a high proportion of older residents have been targeted.

Trading Standards advice is to always say no to cold callers. The Safetrader scheme can help you find a trader in your area, contact 0303 333 1111 or go to www.safetrader.org.uk

Cheap car insurance scam

Social media users are asked to be on the alert for potential scam car insurance brokers. The adverts hook you in with promises of cheap deals and positive reviews. On speaking to the broker, they seem professional and well informed. The quote comes back much less than others you may have obtained, even with the brokers fee included. If the deal looks too good to be true, be very wary. This could be a 'ghost broker' and you could be paying for worthless cover. To get the reduced price the broker will alter some of the policy details such as changing your address or claims history, which will void the cover and potentially mean you are driving uninsured. Use reputable sources to find car insurance deals, don't rely on social media adverts. Insurance companies and intermediaries should be registered with the Financial Conduct Authority www.fca.org.uk.

Beware PayPal phishing email

The emails warn that your account has been suspended, ask you to confirm your email or claim that you've added a new phone number. The email may appear genuine, but scammers often mask their email address, known as spoofing. On clicking a link in the email, you could be asked for details which may help the scammer to access your account.

Contact the Trading Standards Service via the Citizens Advice Consumer Helpline on 0808 223 1133

TRAINING



Prevent is part of the UK government's counter-terrorism strategy and our work aims to educate and safeguard those who may be vulnerable to radicalisation. Prevent is part of the statutory duty that surrounds safeguarding. Prevent provides support through training and guidance so that more and more people can identify the signs of radicalisation and how someone could start to support terrorist groups and therefore implement early intervention strategies when needed.

As an organisation that works within our local community, you are ideally placed to support and educate your relevant audiences. Prevent is simply another strand within safeguarding and is designed to keep us all safe.

Myself and my team provide support across the whole of Lancashire. We can offer you and your organisation training over the next 12 months. This support and training is offered to you free of charge as we are funded by the Home office & Department of Education. Please see the training offer on the next page.

Please do not hesitate to contact myself if you have any questions about any of the information in my email or the attached 'offer' or if you have any general Prevent queries.

Tim Horobin- Prevent Delivery Officer

Community Safety Team, Blackburn with Darwen Borough Council

3rd Floor, Old Town Hall, King William Street, Blackburn. BB1 7DY

Email: Tim.Horobin@blackburn.gov.uk | Tel: 01254 585260 | Mobile: 07977 345 301

Prevent team mailbox: prevent.team@blackburn.gov.uk

Web: <https://www.blackburn.gov.uk/crime-prevention-and-community-safety/counter-terrorism>

Prevent Offer 2022-2023 for Community/Faith/Voluntary sectors & Youth groups

Basic Prevent Training	Spotting signs of Radicalisation and making a referral	What is Prevent?	Stand-alone Ideology sessions
<p>What is Terrorism, Extremism, Radicalisation and Ideology?</p> <p>Our Lancashire Risk Profile – ideology groups</p> <p>Emerging trends</p> <p>(Approx. 45 mins-1hour)</p> 	<p>What does your community/group look like?</p> <p>Who could be vulnerable to radicalisation?</p> <p>Toolkit to identifying radicalisation - Behaviours and vulnerabilities</p> <p>What is Channel and how/when to make a referral to Channel</p> <p>(Approx. 45 mins-1hour)</p> 	<p>Background/aim of Prevent</p> <p>What is Channel?</p> <p>Case studies</p> <p>Who is the Lancashire Prevent Team – our roles</p> <p>Myth-busting Prevent</p> <p>(Approx. 45 mins-1hour)</p> 	<p>Stand-alone sessions on different forms of extremism:</p> <ul style="list-style-type: none"> • Islamist • Extreme right wing • LASIT (<i>Left Wing Anarchist Single Issue Terrorism</i>) • Fundamental British Values <p>(Approx. 60 – 90 minutes)</p> 

Youth Groups	
	<p>Staying Safe in a Dangerous World – Extremism & Radicalisation (Approx. 90 minutes)</p> <p>Prevent, Radicalisation, Extremism and Terrorism (Approx. 45 minutes – 1 hour)</p>

All training/sessions can be tailored to your specific community/faith/voluntary/youth groups – sessions could be delivered consecutively.

Please don't hesitate to contact us on the details below with any questions or if you need any advice regarding prevent and what we

Get your
CSCS card
with us!



Health and Safety in Construction Programme

This course is aimed at individuals who require a CSCS labouring card to get a job within the Construction Industry but don't currently have the required qualifications.

On successful completion of the course you will gain two accredited certificates and a score report:

- AIM Qualifications - Suite of Vocational Pathways Qualifications (AIMVOCs) in Construction and Building – Extended Award Level 1
- AIM Qualifications - Health and Safety in a Construction Environment Level 1
- CITB Health, Safety and Environment Score Report

Once you have achieved all assessments, we can then apply for your CSCS labouring card.

During the course you will demonstrate and develop your understanding of:

- Working in the Construction Industry
- Principles of risk assessment
- Working at height
- General health risks in a construction environment
- Principles of Building, Construction and Communication
- Safe manual handling
- Using equipment safely

The course, including tests and card, are FREE for students who are unemployed and claiming an eligible benefit such as Universal Credit. It is also free for people who are working and on a low income. Other conditions apply, please enquire for more details. Contact details below.

Courses and tests will be at our test centre, The Waterside Centre in Accrington. If you are working and require a CSCS card we can also help with relevant information.



richard.dwyer@nelsongroup.ac.uk



01254 354423

Leadership Development event

We are running a Leadership development event on Thursday 22nd September from 8.30 to 5pm. It is aimed at developing leaders or people who manage teams. As a not for profit we have kept the cost as low as possible at only £40+VAT for the full day including networking lunch and refreshments.

Community and Business Partners have partnered with Team Academy and will be running 4 highly impactful workshops throughout the day that will improve how you communicate, understand about the power of a positive mindset, and help improve your relationships. Tons for you to take away and your team!

Workshop 1: How to influence others, how do we build trust - Sam Sloan

- Understanding self and understanding others through exploring behaviour profiles
- How to develop trust with those around us
- How to influence each of the profiles to enrich your communication

Workshop 2: How to have great coaching conversations - Jannine Gentle

- Understand the difference between when to mentor, and when to coach
- Improve your ability to ask powerful questions
- Have a go at putting the skills into practice

Workshop 3: A highly engaging series of activities to liven up your Monday Morning meetings - Adrian Dakers

- Take away over 8 different team building tasks to try with your team
- Understand that each activity is a vehicle to get different outcomes
- Learning how to be creative in meetings

Workshop 4: Developing a winning mindset - Rachel Haslam

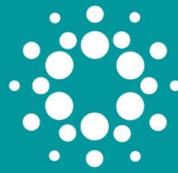
- Getting the mind to focus on what you can control and what you can't
- Power of positive self talk
- 7 strategies to develop a positive mindset

For more details and booking follow the link below

<https://www.trybooking.com/uk/events/landing?eid=30349&>



Guaranteed
interview
Free DBS check



Lancashire
Adult Learning

HEALTH AND SOCIAL CARE WORK READY PROGRAMME

Are you a caring person? Have you ever
considered a career in Social Care?

Gain the knowledge and skills to ensure you are work
ready with Lancashire Adult Learning.

Email hsc.lal@nelsongroup.ac.uk to get more
information and to find out about the next course
start dates.

This 4-week intensive course is based at our state-of-the-art Health and Social
Care Hub at Northlight, Brierfield. This programme covers:

- Health and Social Care Award
- Roles and Responsibilities of a Care Worker
- Safeguarding Level 1
- Equality and Diversity
- Mental Health
- Employability skills

Upon successful completion of the course, you are guaranteed an interview with
multiple employers. These employers have positions available - immediate start!
There is also an option to take part in a working interview.



hsc.lal@nelsongroup.ac.uk



www.lal.ac.uk



0333 003 1717

Is It For Me?

Have you ever considered a career
supporting and caring for others?

You could work in:

- Addiction Services
 - Mental Health
 - Social Care
 - Health Care
 - Disability Support
 - Child Care and more...
-

Find out more about the roles available, and speak to
our expert tutors about the different training
opportunities available from September 2022.



hsc.lal@nelsongroup.ac.uk



www.lal.ac.uk



0333 003 1717



LEVEL 2 RAIL ENGINEERING TRACK MAINTENANCE COURSE

QUALIFICATIONS AND COMPETENCIES THAT CAN BE ACHIEVED:

- Safety Critical Training
- Hand Tools/Small Plant Training and Assessment
- Manual Handling
- Emergency First Aid
- Fire Awareness
- Safety Awareness
- City & Guilds Level 2 NVQ Diploma in Rail Engineering Track Maintenance
- City & Guilds Level 2 Certificate in Rail Engineering Underpinning Knowledge

WHAT'S INCLUDED?

- Approved Personal Protective Equipment
- Sponsorship
- Drugs, Alcohol and Medical Screening

ELIGIBILITY

- Must be **19 years or older** on 31 August 2022
- Must be **unemployed or seeking employment**
- Must be able to commit to a 6 week course:
Monday-Friday, 9am-4pm

OPEN DAY

📅 **15TH & 16TH SEPTEMBER 2022**

📍 TRAINING LOCATION

LANCASHIRE ADULT LEARNING,
NORTHLIGHT, BRIERFIELD, BB9 5NH

📍 PRACTICAL LOCATION

56 MASON STREET, WAVERTREE,
LIVERPOOL, L7 3EW TBC

START DATE

📅 **19TH SEPTEMBER 2022**

📞 **07534 547861**

✉ **STACEY@RAILFUTURES.CO.UK**

**RAIL
FUTURES**

WWW.RAILFUTURES.CO.UK

VOLUNTEERING



MEADOWS FARM & SANCTUARY
VOLUNTEER AND LEARN
SKILLS WITH ANIMALS

DO YOU HAVE FREE TIME ON
TUESDAYS, WEDNESDAYS AND THURSDAYS?



**ARE YOU AGED 16-30 THEN WE WOULD
LIKE TO HEAR FROM YOU**

TEL: +44 07792788627

WEBSITE: WWW.SHIVATRUST.ORG EMAIL: INFO@SHIVATRUST.ORG



MEADOWS FARM & SANCTUARY

ARE YOU INTERESTED IN HORTICULTURE & LAND-BASED PROJECTS?

ACTIVITIES INCLUDE: PLANTING TREES, GROWING
VEGETABLES, FARMING, FENCING, COMPOSTING, POND
MANAGEMENT & ALL FORMS OF LANDSCAPING.



**WE ARE LOOKING FOR VOLUNTEERS.
DO YOU HAVE FREE TIME ON TUESDAYS,
WEDNESDAYS OR THURSDAYS?**

TEL: +44 07792788627

WEBSITE: WWW.SHIVATRUST.ORG EMAIL: INFO@SHIVATRUST.ORG