

August 2022

Welcome to your August Community Bulletin. We are continuing to produce a monthly bulletin with our heath and community partners to keep you updated about community activity across Rossendale. This will include information on community group activities, events, health information, grants and community training opportunities. We hope you will find the bulletin useful.

All published Community Bulletins are available at <u>https://www.rossendale.gov.uk/downloads/download/11317/coronavirus_community_bulletins</u>

Feel free to share the bulletin with friends, community groups and on community group social media. If you have some information that you would like to share in the next bulletin, or you would like to be added to the e-mail distribution list, please contact us at <u>communitiesteam@rossendalebc.gov.uk</u>



SUMMER HOLIDAY ACTIVITIES FOR CHILDREN





The Children and Family Wellbeing Service are providing themed arts, crafts, sports and games in Centres and local parks throughout August

Week 1 - Summer / Under The Sea Theme 2nd August 1-3pm The Maden Centre, Bacup

4th August 12.30-4pm Whitworth Masseycroft Muga

Week 2 - Sports Theme 9th August 1-3pm The Zone, Rawtenstall

11th August 12.30-4pm Bacup StubbeyLee Park Week 3 - Circus Theme 16th August 10-12 noon The Maden Centre, Bacu

18th August 12.30-4pm Rawtenstall Whittaker Park

Week 4 - Nature, Our World Theme 23rd August 10-12 noon The Maden Centre, Bacup

25th August 12.30-4pm Haslingden Victoria Park





In Rossendale, we are running a free holiday club programme for children and young people who receive free school meals.

Come and enjoy fun activities, healthy meals, meet new people and learn new skills.

Sessions run from Monday 1st August to Friday 26th August

Holiday activities for primary and secondary school age young people.

HOLIDAY ACTIVITIES

AND FOOD PROGRAMME

For more information & to register visit www.rltrust.co.uk/haf

Scan me



Department for Education

Fancy some FREE outdoor fun!



Activities:

- Nature Walk
- Orienteering
- Cycling
- **Food Growing**
- Forest School
- Dens/Fire Lighting

Food and transport is provided.

Every Wednesday starting on 27th July 2022 (2 sessions a day) For ages

8-11 year

olds

3 locations:

- **Towneley park, Burnley**
- Stubbylee Park, Bacup
- **Alkincoates Park, Colne**

We are excited to share our summer activity programme for Rossendale and Pendle areas. Parent(s) are encouraged to come and join in to experience the great outdoors.

Children of other ages are welcome, but must be supervised by their parent (s)

newground

together

Call: 0300 330 5535

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Criteria:

- · Parent to be unemployed
- · Child must be accompanied by parent(s)
- Sign up onto our project one week prior.

Not on or been on any other EU activity.

European Union European

Social Fund

To register call 0300 330 5535 or email hello@newground.co.uk

Sunnybank Day Centre Community Hub, Whitworth

Come and join us for a great summer of enjoyment lots of fun and activities.

- We have indoor & outdoor activities
 - Gardening
 - Outdoor games
 - Arts and Crafts
 - Karaoke and sing songs
 - Board games
 - Story time
 - Baking
 - Exercise class
 - Indoor cinema theme





Please pop into Sunnybank Day Centre, Market Street Whitworth OL12 8QE for an application form, or ring Clare on 07513717813

COMMUNITY INFORMATION



Further information can be found at <u>www.rossendaleconnected.org</u> and the link to nominate is <u>https://forms.gle/EBog9pdn6hnSzfqn9</u>.

The deadline for nominations is Friday 19th August, 2022.

Details for registering for the event will follow soon on the Rossendle Connected website and Facebook age

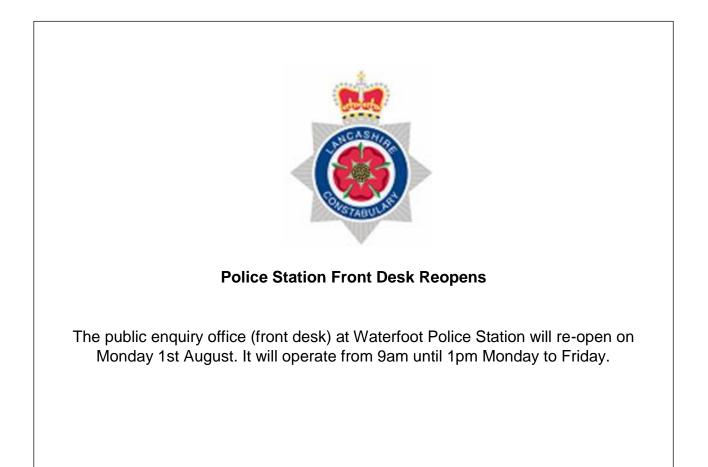
ROSSENDALE 60's Festival



Don't forget to create a 60's themed event at YOUR venue to put on over the Festival weekend (9 - 11 Sept.) where you can boost your income / footfall and get it promoted right across the Region.

Just let the organisers know that you will be putting an event on (details can be supplied later). Send to either: petesweetmore@hotmail.co.uk or b.hyde3@ntlworld.com

Also, if you or your Business would like to sponsor the Festival (starting at just $\pm 100)$, please get in touch!





BabySense

Tuesday 6th September-Tuesday 18th October 10-11:15

A relaxed, friendly baby group where parents/carers can socialise with others and bond with their baby. With props, massage, music, a brew and bubbles!

Location St Anne's Church, Edgeside, Ashworth Road, BB4 9JE

To book, please email: wellbeing@stannesedgeside.co.uk

Places are free. It would be lovely to see you there!

East Lancashire

Social

Craft & Chat

St Anne's Church

A social group for adults. St Anne's Church, Edgeside

Thursdays from 11th August-20th October 10-11:30am

Come along to a friendly and informal group to make friends, have a brew, try new skills and have a natter! All welcome!

For more information, email wellbeing@stannesedgeside.co.uk or speak to Natalie

NHS

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East Lancashire

COUNCIL FOR VOLUNTARY SERVICE

Social

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British Nutrition Foundation Drummond Community Award



We are pleased to announce the launch of a new award – the **British Nutrition Foundation Drummond Community Award**.

The award recognises an individual (e.g. a health professional, academic, teacher or volunteer) who has undertaken a community initiative to support healthier eating in a vulnerable group(s) in the UK.

The prize for the winner will be a £500 honorarium and a certificate, to be presented at the British Nutrition Foundation Annual Day in central London in November 2022 (attendance is optional).

Individuals must be nominated (self-nominations will not be accepted) in order to be considered for this award, however the nominee is required to complete one section of the application form and to submit the application.

The full details can be found <u>on our website</u>. We will be accepting applications until **31**st August 2022.

The Award has been made possible through the British Nutrition Foundation's management of the Drummond Memorial Fund, established in memory of the work and contribution of Sir Jack Drummond (for more information, see <u>here</u>).

2022 WHTWORTH RUSHCART Sun 4 Sept

1pm: Whitworth Museum Procession feat. Whitworth Vale & Healey Band, Whitworth Rushcart Dancers, Britannia Coconut Dancers & more!

1.30pm - 4.30pm: The Ashcroft hot & cold food, arts & crafts fair, stalls, morris dancing, entertainment, rides, bar open!



MORE INFO: 01706 852018 WWW.WHITWORTH.GOV.UK



Following on from our successful "pop-up uniform shop" last year we are once again running our uniform appeal.

It's coming up to the end of the school year so we are looking to source donations of <u>good condition</u> logo jumpers / cardigans, logo t-shirts, P.E kits, all items of High School uniform, shoes & coats.
We will be running our Pop-up shop in the Loft here at the Family Centre where people can purchase items for a small donation. It will run from Monday 8th August right through to 11th August 9.15am - 1.30pm each day. If we have enough stock left we will open again week from 22nd August.

Donations can be brought to Bacup Family Centre Mon - Fri, between 9am & 2pm or get in touch enquiries@bacupfamilycentre.co.uk / 01706870683





Rossendale Against Racism

A Support network for racially minoritised individuals, groups, communities and organisations within Rossendale. Our Support network includes but is not limited to : creating cultural experiences, ensuring a space for our religious practices, and traditions, ensuring a representation of our ancestry, language, dialect and national origins.

GET IN TOUCH IF YOU WOULD LIKE TO JOIN WITH US WWW.SHIVATRUST.ORG | INFO@SHIVATRUST.ORG | 01706 214 730



A sponsored 10k walk to support people on the margins of society

28th AUGUST, 10AM MEADOWS FARM, ROSSENDALE, BB4 9RB

HERO FANCY DRESS THEME! Superheroes, historical figures, Gods and Goddesses all welcome! PRIZES FOR BEST DRESSED!

All are welcome! EMAIL: Jonathan.brindley@hotmail.com OR VISIT: Justgiving.com/team/heroeshike TO SIGN UP NOW



A DATE FOR YOUR DIARY..

FRIDAY 30TH SEPTEMBER

10am - 1pm

Hardmans Mill, New Hall Hey Rd, Rawtenstall. BB4 6HH







Climate Change Supplementary Planning Document – Consultation

Since the adoption of the Rossendale Local Plan 2019 to 2036 on the 15th December 2021, work has started on preparing Supplementary Planning Documents (SPDs). SPDs provide additional guidance to be read alongside the Local Plan, and will be used in the determination of planning applications.

Climate change is a significant issue that requires urgent action. The global climate crisis will lead to more frequent and extreme weather events, including flooding, wildfires, extreme heat, and droughts. As such, it is important that new developments are designed and built to mitigate emissions, be adaptable for the impacts of climate change, and support communities.

The Council has commenced a consultation on the Climate Change SPD. This SPD discusses how Rossendale can best adapt to Climate Change, focussing on four themes: sustainable and active transport; energy efficiency and renewables; water interventions; and biodiversity and Green Infrastructure.

The consultation will run for 6 weeks, ending at **17:00 on Wednesday 24th August 2022**, and the Council is inviting comments and representations on the SPD, which can be accessed within the '**Emerging Supplementary Planning Documents**' section on the following webpage: <u>www.rossendale.gov.uk/SPD</u>

HOW TO RESPOND

Responses must include your name and full postal address.

One response on behalf of a number of respondents will also be accepted so long as the names and full postal addresses of all the respondents are detailed.

Responses received will be made publicly available and published in full on the SPD webpage and this will include your name but other personal details will be redacted in line with the Planning Privacy Notice.

Please return responses via email to forwardplanning@rossendalebc.gov.uk.

If you are unable to access email then you can **post** your response to: **Forward Planning Team, Rossendale Borough Council, Business Centre, Futures Park, OL13 0BB.** Should you want to view the document please **ring**: **01706 252418 / 252412** to make an appointment to come in to view the documents at Futures Park.

HEALTH AND WELLBEING

COVID VACCINATION BUS

The vaccination bus is visiting Rossendale in August 2022.

10th August – Irwell terrace, Bacup

11th August – Town Square, Rawtenstall

12th August - John Street Car Park, Haslingden

10 AM – 4 PM

Just turn up for 1st, 2nd vaccinations or booster vaccinations.

Enhanced Patient Access Survey- Important Information about evening and weekend doctors appointments

The extended access service offers GP practice appointments in evenings and at weekends when doctor's surgeries are closed.

This service is currently offered from Rossendale Primary Health Care Centre in Rawtenstall.

However, from 1 October 2022, NHS England has requested that primary care networks (which are networks of GP practices across a small geographical location) take over the running of these services in their local areas.

This means there may be some minor changes to the service.

It is important that patients are able to have a say in how these services are provided, and we therefore have devised a short survey so you are able to do this. Please complete the survey at: <u>https://www.smartsurvey.co.uk/s/4QNAI0/</u>





Young People's Mental Health

Concerned about your Mental Health? Are you under 18 or concerned about someone under 18?

Advice sessions are available on-line via Attend Anywhere

Log on using the hyperlink - https://nhs.vc/HLSC/CAMHS

Enter the word "drop" as the first name and "in" as the second name followed by your date of birth. You will then enter our virtual waiting area where we will collect you.

Wed	3	August	3pm – 5pm
Wed	10	August	1pm – 3pm
Wed	17	August	5pm – 7pm
Wed	24	August	3pm – 5pm
Wed	31	August	1pm – 3pm

Safe Personal Effective



Location: Rawtenstall Unitarian Church Day: Monday's Time: 1 - 2pm Cost: £5 per session - first session FREE



Understanding Dementia Course

WHERE: Rossendale WHEN: Wednesday 7th September, 10am - 3:30pm Free One Day Course

This course is designed to help you develop skills and confidence to support you in your caring role. "My husband has just been diagnosed with dementia this year and it was the first time I had been to anything like this. It gave me lots of information and more of an insight on how to move forward" (Carer)

We will address key topics of diagnosis and progression of symptoms, treatment, services, and changing relationships. All course materials are provided including a **free buffet lunch**. If you need help with transport or someone to look after the person you are caring for please

call us to discuss how we can assist you.

For more info and to book your place call 01254 387444









Booking essential



NEW WAY TO ACCESS MENTAL HEALTH SERVICES ACROSS EAST LANCASHIRE AND BLACKBURN WITH DARWEN

Residents from across East Lancashire and Blackburn with Darwen who need to access mental health help and support are now able to via one number, 24 hours a day.

Lancashire & South Cumbria Foundation Trust has launched a new service that can be accessed through a new **freephone number – 0800 013 0707** – so that everyone will be able to easily access urgent or general mental health support, 24 hours a day, seven days a week.

The new approach to accessing mental health services is managed within a call centre setting, based at The Mount, Accrington and is made up of a team of Call Handlers and Mental Health Practitioners who take calls and manage referrals from patients, service users, families, carer's and professionals, aiming to ensure callers are connected to the right professional in a timely manner.

The team may arrange for you to receive support over the phone or for a mental health practitioner to see you at home, at a GP practice or another mutually agreed place to allow further information about current mental health needs. Information about other services that could assist will also be shared, if appropriate.

This new approach will help improve access to mental health services – particularly during evenings and weekends – across East Lancashire and Blackburn with Darwen where there are over half a million residents, and is part of a wider programme of work across the health system, to transform access to mental health services for local people and their carers who have a mental health need or are experiencing a mental health crisis.



FUNDING



Small Grants Programme

There is a limited amount of unspent funds available for small groups or projects. You can apply for up to £500.00, and it would need to be spent by 31st December 2022

Aims

Projects should strongly support specific local needs in the following key areas:

- Increasing opportunities to participate in local community action and activity.
- Keeping people well and feeling part of their community.
- Increasing resilience and improving mental wellbeing, enabling individuals and families to cope well, overcome barriers to achieving their potential and increase their skills.
- Support people who are more vulnerable, such as those with long term conditions, who are frail and/or have complex needs.
- Promoting greater partnership working between the community and services, and other VCF organisations
- Reduce social isolation, with a positive impact on health and wellbeing.

Who can apply to the Grant Programme?

The grants are being made available to community projects in Burnley, Pendle and Rossendale. There is a strong focus for small grassroots groups that are providing effective community cohesion programmes.

- Grassroots grants up to £250.00: for un-constituted community groups that are working with the CVS to help achieve their community engagement activities / events.
- Community grants up to £500.00: for constituted community groups.

For more information go to <u>https://bprcvs.co.uk/index.php/news-and-events/bprcvs-news/5286-eric-wright-charitable-trust-small-grants-programme</u>





East Lancashire Clinical Commissioning Group

Social Prescribing Grants

East Lancashire C.C.G have announced their latest round of grants for voluntary sexctor and community groups, which are managed by Burnley, Pendle and Rossendale C.C.S

The aims of the grants are:

Projects or schemes should complement the CCG's strategic aims and commissioning priorities to support an Asset Based Community Development (ABCD) approach:

ABCD Criteria:

- Improving the health and wellbeing of local people
- Backing real people's dreams and ideas
- Working alongside people and trusting them to shape their own futures.
- Bringing energy and creativity to kick-start change
- Tapping into existing assets, resources, talents, and skills
- Building new connection and relationships
- Working with social entrepreneurs and businesses to create new enterprises and jobs.
- Sparking community-centred investment and regeneration
- Working with communities to shape more effective health, care, and welfare services.
- Creating a culture which, wherever possible, says 'yes', rather than 'no'
- Using language, which is positive, concise and cuts out jargon.
- Boosting confidence through creative and inspiring activities involving everyone
- Creating culture change, enterprise and inspiration in communities which lasts long after we've gone.

Applications which tackle/support the following key priorities will take precedence:

- Support for older people: isolation, confidence building, befriending
- Young people: mental health, isolation, confidence building, counselling
- Hard to reach/under-represented communities e.g. BAME, women, LGBTQ+, refugees, etc
- Increasing opportunities to participate in physical activity

More information, including how to apply can be found at <u>CCG Small Groups</u> Funding (bprcvs.co.uk)

TRAINING





FREE Healthy Cookery Courses

Lancashire Adult Learning can deliver fantastic sessions around eating healthily on a budget using fresh ingredients. The following courses can be run face to face from your venue (provided there is access to a kitchen area for washing up) or they can be run as online courses.

- Using your Microwave to Cook Fresh Healthy Meals on a Budget (practical cooking course)
- Introduction to Nutrition & Cookery (mix of practical cooking and theory)
- Quick and Healthy Meals
- Meals from Around the World
- Take 5 ingredients: Quick & Simple Recipes
- Cookery Masterclass: Foods from Around the World
- •

Sessions are available to all adults aged 19 and over living in Lancashire. Minimum numbers for a session are 7 people.

Lancashire Adult Learning can also support community venues by paying up to £15 per hour room hire.

To enquire about booking a session contact <u>danielle.thorpe@nelsongroup.ac.uk</u>



Do you have an interest in heritage, the arts or just looking for a new hobby? Then join us on our traditional sign writing workshop. You will get the chance to design and paint your own traditional sign. Hang the sign up at home or gift to a loved one.

Mon 15th Aug



Haslingden Community Link

To find out more information or book on please contact Laabiyah Iqbal Email: laabiyahiqbal@rossendalebc.gov.uk Tel: 01706 252480

Please note lunch and refreshments are included Places are limited book early to secure place



SCOUNT CARP





Rossendale

VOLUNTEERING





A Burnley, Pendle & Rossendale CVS Service The volunteer driver scheme in your community

Volunteer Drivers Urgently Needed

Give the gift of a lift & turn miles into smiles

Be a star in a Communicar

01282 412096

