



COMMUNITY BULLETIN

October 2022

Welcome to your October Community Bulletin. We are continuing to produce a monthly bulletin with our health and community partners to keep you updated about community activity across Rossendale. This will include information on community group activities, events, health information, grants and community training opportunities. We hope you will find the bulletin useful.

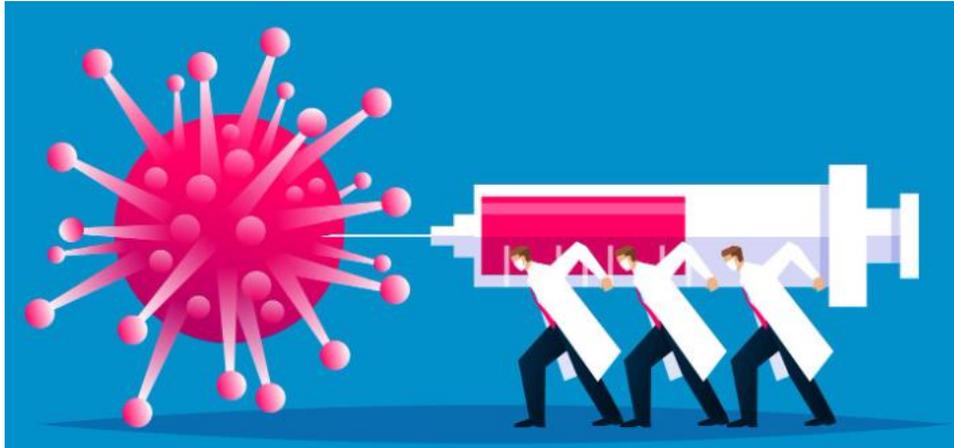
All published Community Bulletins are available at

https://www.rossendale.gov.uk/downloads/download/11317/coronavirus_community_bulletins

Feel free to share the bulletin with friends, community groups and on community group social media. If you have some information that you would like to share in the next bulletin, or you would like to be added to the e-mail distribution list, please contact us at communitiesteam@rossendalebc.gov.uk



COVID INFORMATION



COVID 19 - VACCINATION BUS LOCATIONS – ROSSENDALE – OCTOBER 2022

NO APPOINTMENT NECESSARY

Wednesday 5 October	Bacup Town Centre OL13 9AW	10.00am to 4.00pm
Thursday 6 October	Rawtenstall Town Square - BB4 8TS	10.00am to 4.00pm
Friday 7 October	Haslingden Co - Op Car Park BB4 5QB	10.00am to 4.00pm
Thursday 20 October	Rawtenstall Town Square - BB4 8TS	10.00am to 4.00pm

All eligible Rossendale patients may also contact their GP Practice as they have flu and Covid clinics being delivered in practice weekly.

COMMUNITY INFORMATION

COLOURFUL FOOTSTEPS

Children and Family
Wellbeing
Service

We also provide sessions in our centres for children with physical, learning, behavioural and emotional difficulties offer an inclusive environment, with opportunities for learning development and support. This is also where parent carers have the opportunity to meet make new friends and share experiences with those going through similar joys and challenges.

Venue, Date and Time

The Fire Station, Rawtenstall BB4 8EW
Every Monday 3.30-5.00pm



Lancashire
County
Council



CHAT PLAY READ

Children and Family
Wellbeing
Service

These special groups held in a centre are to support your child's speech and language, which is a crucial skill that supports all other areas of their learning and development. This includes the ability to listen, understand and communicate verbally and non-verbally, supporting language development.

Venue, Date and Time

Maden Centre, Rochdale Rd, Bacup OL13 9NZ
Every Thursday 9.30am

Haslingden Neighbourhood Centre, Bury Rd, BB4 5PG
Every Tuesday 10.30am





**COMMUNITY
FUND**

St Anne's Church
WELLBEING + TOGETHER
EDGESIDE

60'S Family Social!

SATURDAY 8th

October

2-4pm

**St Anne's Church,
Edgeside**

Live Music

Open Mic

60s Fancy Dress

Themed crafts

**Booking essential:
wellbeing@stannesedgeside.co.uk**

MOVE AND GROOVE

Children and Family
Wellbeing
Service

We will provide a safe, sensitive and nurturing space for children to meet and have fun together, promoting physical play and activity. We will provide information on their growing body and how to adopt healthy lifestyles including healthy eating.

Venues, Dates and Times

Maden Centre, Rochdale Rd, Bacup OL13 9NZ
Tuesday's 3.30-5.30pm with **Inside Out**
MINI Move & Groove
Every Monday 2pm

Haslingden Neighbourhood Centre, Haslingden, Bury Rd, BB4 5PG
Thursday's 3.30-5.30pm with **Inside Out**
MINI Move & Groove
Every Thursday 10.30am



Lancashire
County
Council



POSITIVE ACTIVITIES FOR 11-18'S

FREE



MUSIC LESSONS
4:30 ONWARDS

RECKLESS
7 - 8PM
ON ZOOM



THEATRE WORKSHOP
5:30 - 6:45PM

BAND PRACTICE
6:45 - 7:45PM



HOME ED GROUP
1:30 - 3PM
ONCE A MONTH

ART WORKSHOP
5 - 6PM



SOCIAL
MONTHLY - CHECK ONLINE FOR MORE INFO

THEWHITEHORSEPROJECT.CO.UK

FOLLOW US TO FIND OUT MORE





DIGITAL INCLUSION PROJECT

Are you 18 + ?

Are you from a low income family?

And you qualify in at least one of the following statements:

1. Has no access or insufficient access to the internet at home
2. Has no or insufficient access to the internet when away from the home
- 3 Cannot afford your existing monthly contact or top up



Maybe we can help you with Shiva Trust digital inclusion project. We can provide you with free data, free calls and texts for 6 months or more.

**Get in touch for more information on how to sign up.
Email info@shivatrust.org**



BabySense

Tuesday 1st November - Tuesday
13th December 10-11:15am

A relaxed, friendly baby group where
parents/carers can socialise with others
and bond with their baby. With props,
massage, music, a brew and bubbles!

Location St Anne's Church, Edgeside,
Ashworth Road, BB4 9JE

To book, please email:
wellbeing@stannedgeside.co.uk

Places are free!
It would be lovely to see you there!





BOLOH HELPLINE



We work with adult Asylum Seekers UK-wide by supporting their emotional health and wellbeing



HOW CAN WE HELP YOU?

- ◆ Helpline advisors are here to listen to you and provide emotional support
- ◆ Helpline advisors can provide specialist advice on a range of issues you might be experiencing
- ◆ We can provide free counselling to adult asylum seekers
- ◆ Helpline advisors can support you to access help from other organisations



Call us for free
0800 151 2605

Staff speak different languages or can provide an interpreter who speaks your language



Talk to us on web-chat
helpline.barnardos.org.uk

Click on the icon on the bottom right

Our helpline is open:

- Monday to Friday 10am - 8pm
- Saturday 10am - 3pm

**Believe in
children**
Barnardo's

For more information about how we can help you, please visit: helpline.barnardos.org.uk

Craft & Chat

St Anne's Church
lets build together EDGESIDE



**A social group for adults.
St Anne's Church, Edgeside**

**Thursdays from 3rd November -
15th December 2022
10-11:30am**

**Come along to a friendly and
informal group to make friends,
have a brew, try new skills and
have a natter! All welcome!**

For more information, email
wellbeing@stannedgeside.co.uk
or speak to Natalie



FAMILY FUN!

9:30-11:30
ST ANNE'S CHURCH, BB49JE

TUESDAY 25TH OCTOBER 2022

£1 per child

For ages 0-11 years and their families
All children must be accompanied by an adult
Booking essential, limited spaces!

SPORT / MUSIC / CRAFT / SNACK

Booking : wellbeing@stannedgeside.co.uk



our magical LANTERN PARADE is back!!!!
sat OCTOBER 22nd 6.00pm, Tollbar Mill.

come and
make your
own lantern..

Free workshops....
Top Floor Tollbar Mill..
sat:24th Sept.
sat:1st Oct.
sat:8th Oct.
sat:15th Oct.
11.00 am till 3.30pm
ALL WELCOME!!!



WHAT'S ON AT...



COMMUNITY EVENTS FOR OCTOBER 2022

MONDAY	DATES	TIME ON
*Mini Me Time	3rd, 10th, 17th, 31st	9:45AM - 12:15PM
*EDSQ Course (LAL)	3rd, 10th, 17th, 31st	12:30PM - 3PM
*ESOL Course (LAL)	3rd, 10th, 17th, 31st	12:45PM - 3:15PM
TUESDAY		
*ESOL Course AM (LAL)	4th, 11th, 18th	9:45AM - 11:45AM
Cooper's Coffee Morning	Every Tuesday	10AM - 11:30AM
*Up & Active WM	Every Tuesday	10:30AM - 11:30AM
*ESOL Course PM (LAL)	4th, 11th, 18th	12:15PM - 2:45PM
*Maths Functional Skills (LAL)	4th, 11th, 18th	12:30PM - 3PM
*DramaPOP (4 - 7)	4th, 11th, 18th	5PM - 6PM
WEDNESDAY		
*English Functional Skills (LAL)	5th, 12th, 19th	9:30AM - 12PM
*Refugee Support Group	Every Wednesday	10:30AM - 12:30PM
Easy Sequence Dancing	Every Wednesday	1:30PM - 3:30PM
*Gentle Exercise	Every Wednesday	1:30PM - 2:30PM
Men's Shed Social Group	Every Wednesday	4PM - 6PM
THURSDAY		
Refugee Support Group	Every Thursday	9:30AM - 11:30AM
*Kangaroo Family Nurturing	6th, 13th	10AM - 11AM
*Maths Functional Skills	6th, 13th, 20th	1PM - 3:30PM
Crafternoons	Every Thursday	2PM - 4PM
FRIDAY		
Friends Reminisce	Every Friday	10:30AM - 12:30PM
SATURDAY		
*DramaPOP	1st, 8th, 15th, 22nd	9:30AM - 11:30AM



DON'T FORGET!

The Link Café is open Monday - Friday, 8:30AM - 3PM, as well as Saturdays 9AM - 1PM! Grab a drink, a snack or even a meal after your activity! Great freshly cooked food at amazing prices!

EVENTS MARKED WITH A * MUST BE BOOKED TO ATTEND



Haslingden Community Link, Bury Road, Haslingden, Rossendale, Lancs BB4 5PG
Community Tel: 01706 230116 Childcare Tel: 01706 224848
Email: info@hcl.org.uk
www.haslingdencommunitylink.org.uk
Haslingden Community Link - Company Limited by Guarantee
No. 3612468 - Registered Charity No. 1075926

BACUP CINEMA

WEDNESDAY SOCIAL

CLUB

2 hrs of socialising from 1pm till 3pm with a classic film included, in the warm and welcoming atmosphere of The Circle Café .

Why not come along and make new friends and greet old friends.

There are free refreshments as well as all the amenities of the superb menu at the Circle café.. There is a disability access via Fern St . If the situation becomes overwhelming we have safe and quiet spaces to relax in.

We believe that good company with music and film can give a real lift to people with various conditions.

Dementia, mental health issues, isolation and loneliness . If you are this person or know someone that is , why not bring them along

Whatever your situation there is a place for you.

There will be the occasional guest speaker

ALL FOR FREE - come and meet us at St Johns, Burnley Rd Bacup

Contact Alan on 07432613664 for more details



NHS
Lancashire and
South Cumbria
Integrated Care Board




ERIC WRIGHT
CHARITABLE TRUST



Funded places at local nurseries and childminders to help your 2, 3 or 4 year olds to play, learn & grow.

We all want our children to grow up to be healthy, happy and well-adjusted to the world around them and whatever your situation, balancing family life in this modern world can be tough! Children grow up so fast but you can give them a great start in life by taking them to a local nursery or a childminder for a few hours a week, funded by the government.

If you have a 3 or 4 year old, did you know...

All 3&4 year old children in Lancashire are entitled to up to 15 hours per week (570 hours per year) funded by the government and for most working families this can rise to 30 hours per week (1,140 hours per year). Visit lancashire.gov.uk/childcare for more information.

**Don't miss out,
your child is entitled!**



lancashire.gov.uk/childcare



comms: 7246

If you have a 2 year old did you know...

The government also funds up to 15 hours per week for some 2 year old children. This will depend on your household income or if you are in receipt of certain benefits. For more information visit the 'Funded childcare for 2 year olds' section of www.lancashire.gov.uk/childcare.

Don't miss out on your 2 year old's early learning adventure!

Go to our eligibility checker - <https://fisonline.lancashire.gov.uk/SynergyWeb/Parents/default.aspx> to see if your child is entitled today!

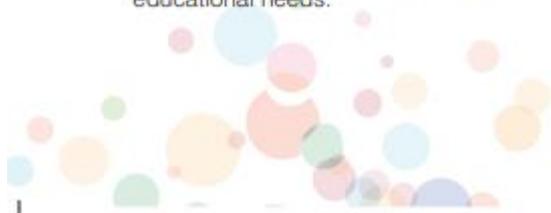


Why it's good for your child to take up a place at a nursery or with a childminder...

- attending the fun sessions helps your child to learn and develop through play.
- your child will make new friends and build their confidence.
- it helps improve your child's speaking and listening skills.
- it helps prepare your child to be ready for starting school.

Rest assured...

- your child will be looked after in a safe, secure environment regulated by Ofsted.
- all our nurseries and childminders are fully inclusive and cater for a range of cultural, dietary, religious and special or educational needs.



Finding the right nursery or childminder

You can find a list of local nurseries and childminders that offer places in the 'search for childcare' section of our website - www.lancashire.gov.uk/childcare. There are also a range of helpful guides there to help you choose which type best suits your family's needs.

If you need more hours than the government funds...

If you want to increase your child's hours or are currently paying for extra hours you may be entitled to further financial support from the government such as Tax Free Childcare or through Universal Credit.

We're here to help

The Family Information Service is here to help support you from the very start of your child's early learning journey right up until they start school. So, no matter what questions or concerns you may have, we will be happy to help you. You can get in touch with us by calling:

0300 123 6712 or by emailing us at: fis@lancashire.gov.uk

For more detailed information about taking up a place with a nursery or childminder please see our helpful guide - (<http://www3.lancashire.gov.uk/corporate/web/viewdoc.aspx?id=143829>) for parents.

lancashire.gov.uk/childcare





Come Together



Pop into a welcoming environment, enjoy
a free cuppa and a chat with others

Every Monday 1pm-2.30pm
St Peters Community Centre, Haslingden
Starting 3rd October

Contact Cath for more info on 07727 180164
or Email catheddisford1@gmail.com





Part of the 'Entwined on the Vine' project,
commissioned by Culturapedia

DOES YOUR PLANT HOLD THE ROOTS TO A SPECIAL STORY?

**We are holding free creative workshops at
Haslingden Library this Autumn**

Come tell artist Emma Long a leafy tale about a plant you own or share it with others. Then craft your plant story in textiles and mixed media to create an individual leaf which will be attached to the growing vine in the library:

Sat 1st Oct, 11am - 12.30pm

Tues 11th Oct, 10.30am - 12pm

Places are limited so book a space with library staff!

For ages 7+ (Under 7s must be accompanied by an adult)

For more information email Emma at:
entwined_haslingden@yahoo.com

Tel: 0300 123 6703

I can also arrange a
doorstep visit for
you to talk about
your plant.
Please get in touch!



Culturapedia

Sophie Lancaster Awards

Sophie Lancaster was a young woman who was murdered for being different. She and her boyfriend were creative, artistic people who dressed in their own unique way. They were attacked by a gang of five boys in a park in Bacup, Lancashire on 11 August 2007. The gang attacked Sophie's boyfriend first and then turned on her, carrying out a brutal and sustained attack. Sophie remained in hospital for 13 days, before following medical advice, the family agreed to life support being switched off. Sophie died on 24 August 2007; she was just 20 years old.

Sophie's mother, Sylvia, had seen at first-hand the abuse and prejudice her daughter had previously been subjected to, because of how she dressed. During the long hours at hospital, Sylvia decided that when Sophie was better, they would go into schools and talk to young people about difference, and how it is ok to be who you are and express yourself in your own way. Sadly, Sylvia never got a chance to do this with Sophie.

Sylvia was determined that she would carry on this work and The Sophie Lancaster Foundation was established as a legacy to a beautiful life cut short by violence. The charity works to promote tolerance and acceptance for others – however we are different, and champions alternative people in our communities. The Foundation's mission to stamp out prejudice hatred and intolerance everywhere, can be summed up in one word.... Sophie.

We are beyond honoured that the National No2H8 Crime Awards are presenting both Sylvia and Sophie Lancaster award this year.

The Sylvia Lancaster Award recognises those individuals or organisations who work tirelessly to support young people. Their focus might be on supporting young people at risk from hate, or it could be changing attitudes through education, and helping turn those away from a path of hateful behaviours.

Winners may be charities, partnerships, or individuals of any age, so long as their contribution in fighting hate crime focuses support on young people in our society.

The Sophie Lancaster Upstander Award recognises the acts of young people who stand-up to defeat the hatred that exists in our society. Their contribution can be in community leadership, victim support or in the many other ways we can use our skills, commitment, and bravery, to protect and value everyone in our society.

Nominations are open until Friday 14th October 2022. If these sound like anyone you know you can find more information and nominate them at the link below...

<https://no2h8crimeawards.org/nomination-page/>

Product Safety Alert

Belling, Stoves and New World Gas Range Cookers with Gas Grill (110, 100 and 90 models)

The Office for Product Safety and Standards has issued a safety warning for the use of gas grills on certain Belling, Stoves and New World gas range cookers manufactured by Glen Dimplex Home Appliances (GDHA).

The warning reminds consumers that if the gas grill is used with the door closed there is a risk that dangerous levels of carbon monoxide can build up, posing a risk of serious injury or death to those within the immediate environment.

Consumers are being warned that they must use their gas grills with the grill door fully open, in accordance with the instruction manual.

GDHA are also writing to their customers advising them to operate their gas grills with the door fully open. Belling, Stoves and New World gas range cookers affected by this safety warning include 110, 100 and 90cm models that have been purchased at any time between 2010 and 2022. **The gas oven and hob are unaffected by this safety warning.**

Consumers can contact Glen Dimplex Home Appliances on 0800 110 5728 or email consumersupport@glendimplex.com if they have concerns or require further information. Safety notices have also been added to the manufacturers' webpages at the following links:

Belling: <https://www.belling.co.uk/en-gb/safety-notice>,

Stoves: <https://www.stoves.co.uk/en-gb/safety-notice>,

New World: <https://newworld.family/safety-notice>

Parcel delivery scam text

A reminder that scam parcel delivery texts are still doing the rounds and unfortunately can still catch people out, especially if you are expecting a parcel. A typical scam text will ask you to click on a link if you are not going to be in for your driver at the time specified. Do not click on the link, whilst a payment might be asked for, the scammer will be finding out personal information about you such as your bank details and address.

You can report suspicious scams texts and mobile calls by forwarding the message or number to 7726. This alerts your mobile provider to investigate the message and/ or number.

Beware offers of marriage allowance tax refunds

Beware clicking an online link that tries to entice you into entering details to see if you are eligible for a marriage allowance tax refund. Victims have reported receiving demands from scammers, claiming they have your electronic signature and requesting you provide further personal information, failure to do so requiring an administration charge of £300.

Information on eligibility for any sort of tax refund can be found at [Claim a tax refund - GOV.UK \(www.gov.uk\)](https://www.gov.uk) This service is free of charge.

Contact the Trading Standards Service via the Citizens Advice Consumer Helpline on 0808 223 1133



FUNDING



Government's 'Home Upgrade Grant' is available to Rossendale residents

Qualifying owner-occupiers in Rossendale can access this energy-efficiency grant scheme which is worth up to £25,000 per property.

Home Upgrade Grants are now available via 'Cosy Homes in Lancashire' (CHiL) the Affordable Warmth Initiative established by the 15 Local Authorities in Lancashire. The aim of the scheme is to reduce fuel poverty and reach net zero ambitions.

'CHiL' can help qualifying owner-occupiers access the grant which covers the cost of installing recommended energy-efficiency measures free of charge to improve the thermal comfort of your home and ensure it is winter-ready.

We really encouraging all residents who are struggling to heat their homes in winter to get in touch and find out if they're eligible. It takes minutes and costs them nothing."

Properties eligible for the grant are those with a low Energy Performance Certificate (EPC) rating of D,E,F or G which currently do not benefit from gas central heating.

Eligible households will have a combined income of no more than £30,000. Anyone in receipt of benefits is likely to qualify but long term health conditions may also be taken into account when assessing eligibility

If the property meets the criteria then the household must also be eligible to access the grant. Our friendly, helpful team at CHiL can quickly assess someone's eligibility with a short phone call.

The grant scheme is also available to Private Landlords, albeit the maximum grant available is £5,000 per property and a contribution from the landlord will be required.

Residents need to hurry though. The scheme closes in March 2023 so I'm urging people to find out today if they're eligible to claim by calling our friendly advisors at CHiL on (local rate) 03306 061 488 or by visiting our website - www.chil.uk.com

HEALTH AND WELLBEING

East
Lancashire
Recovery
College
Part of



Stubblee Community Greenhouses

Stubblee Lane, Bacup OL13 0DD

01706 872111

info@thegreenhouses.org

www.thegreenhouses.org

Tel.: 07933 812 890 (10am – 1.30pm) Email: elrecoverycol@gmail.com

Understanding Dyslexia (Paul Graham)	An expert guide to understanding dyslexia and associated conditions and practical ways of managing daily life.	Monday 3rd October 1:30- 3:30	FREE
Understanding Anxiety (Ben)	A wonderful session which offers a beneficial insight into how to overcome anxieties which can transform your ability to build resilience.	Monday 10 th October 10:30- 12:30	FREE
Introduction to Gratitude Journaling	Keeping a Gratitude Diary has been shown to improve well-being in many ways. This short course will help attendees establish a regular routine to do this and will also cover strategies for making changes, big and small. in our lives.	Thursday afternoons Sept. 22nd-27th October 1:30-3:30pm.	6 weeks FREE
Introductory Tours to Stubblee Community Greenhouses Meet in the Stables Cafe Coutyard	A comprehensive tour of all our facilities, activities, volunteering opportunities and social prescribing support for anyone living in the locality. An excellent opportunity to learn about what we do and how to access our activities, courses and volunteering . Open to all.	Thursdays 8 th Sept. 13 th Oct. 17 th Nov.	Mornings 10-12.30 FREE
Craft Workshop	An opportunity to join a sociable group every Thursday afternoon. All aspects of craft, ceramics and working with different techniques to create beautiful things. Places are limited so please book early.	Thursday afternoons 1:30-3:30 From 6 th October	FREE

UP AND ACTIVE COURSES

Weight Management <i>The Event Space</i>	Janet Jenkins from Up and Active Rossendale is providing a drop- in session in the Events space for friendly face to face advice about managing weight loss.	Thursdays	Weekly 45 min drop- in session. FREE
Walking Group <i>Meet in Stubblee Hall Car park.</i>		Fridays 12:00-1:00	



LET'S MOVE!

FREE dance sessions for
people with long term health
conditions and disabilities

Every Thursday 10am-11.30am

McCaw School of Dance
Edenfield
BLO OLU

Starting 6th October

Email catheddisford1@gmail.com
to register your interest



WORLD

Menopause

DAY

FREE ONLINE EVENT

Managing the Menopause in Life and Work

Tuesday 18th October 2022, 6pm-8pm

Take part in our free online event for World Menopause Day. Learn more about the menopause and discover some helpful tips and tricks to make the journey smoother. Find out more about the fantastic free health & wellbeing courses coming up to help you.



SCAN TO BOOK YOUR PLACE!

or visit: <https://www.lal.ac.uk/course/managing-the-menopause-in-life-and-work/BHBT762/>



0333 003 1717 www.lal.ac.uk f t i n

WORLD

Mental Health

DAY

FREE ONLINE EVENT

Mental Health Matters

Monday 10th October 2022, 4pm-6pm

Take part in our free online event discussing why mental health matters. Learn some tips and tricks you can use everyday to keep a healthy mind and find out more about the fantastic free mental health courses coming up that you can take part in.



SCAN TO BOOK YOUR PLACE!

or visit: <https://www.lal.ac.uk/course/mental-health-matters/BHBT765/>



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TRAINING



MEADOWS FARM & SANCTUARY

**VOLUNTEER AND LEARN
SKILLS WITH ANIMALS**

DO YOU HAVE FREE TIME ON
TUESDAYS, WEDNESDAYS AND THURSDAYS?



**ARE YOU AGED 16-30 THEN WE WOULD
LIKE TO HEAR FROM YOU**

TEL: +44 07792788627

WEBSITE: WWW.SHIVATRUST.ORG EMAIL: INFO@SHIVATRUST.ORG

VOLUNTEERING

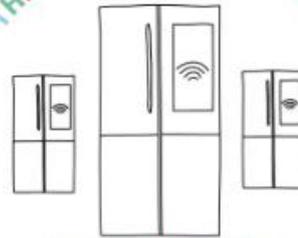


THE UNITY COMMUNITY FRIDGE

Volunteers Needed

A Simple Solution To Wasting Less Through The Sharing Of Good Quality Food

THE UNITY FRIDGE



Unitarian Church,
Bank St, Rawtenstall
BB4 7QA

We need volunteers:

- To Organise Food
- Socialise
- Pick up Donations
- Help With Promotion

Help Create An Inclusive Environment For All To Share, Donate And Reduce Food Waste In The Community.
Be Part Of The Unity Fridge Team!



- Is reducing food waste important to you?
- Can you spare as little as 1 hour a week?

GET IN TOUCH

07450 588 782

FACEBOOK:

@THE UNITY FRIDGE

SUPPORTED BY

शुभा
shuvā
TRUST

