

COMMUNITY BULLETIN

April 2023

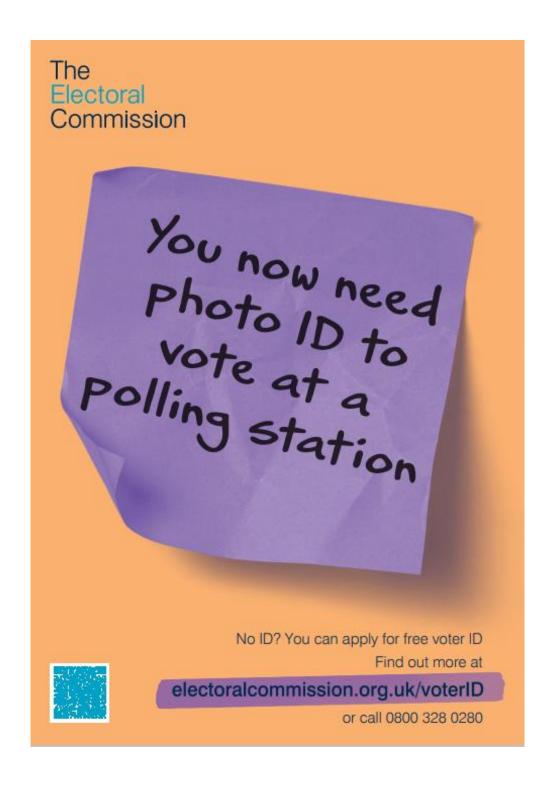
Welcome to your April Community Bulletin. We produce a monthly bulletin with our heath and community partners to keep you updated about community activity across Rossendale. This will include information on community group activities, events, health information, grants and community training opportunities. We hope you will find the bulletin useful.

All published Community Bulletins are available at https://www.rossendale.gov.uk/downloads/download/11317/coronavirus_community_bulletins

Feel free to share the bulletin with friends, community groups and on community group social media. If you have some information that you would like to share in the next bulletin, or you would like to be added to the e-mail distribution list, please contact us at communitiesteam@rossendalebc.gov.uk

.





Voter ID

The UK Government has introduced a requirement for voters to show photo ID when voting at a polling station at some elections. This new requirement will apply for the first time in England at the local elections on Thursday 4 May 2023.

Which forms of ID can I use to vote?

You may already have a form of photo ID that is acceptable. You can use any of the following:

- Passport
- Driving licence (including provisional license)
- Blue badge
- Certain concessionary travel cards
- Identity card with PASS mark (Proof of Age Standards Scheme)
- Biometric Immigration document
- Defence identity card
- Certain national identity cards

For more information on which forms of photo ID will be accepted, visit <u>electoralcommission.org.uk/voterID</u> or call their helpline on 0800 328 0280.

If you don't have an accepted form photo ID

If you don't already have an accepted form of photo ID, or you're not sure whether your photo ID still looks like you, you can apply for a free voter ID document, known as a **Voter Authority Certificate**. You can apply for this at <u>voter-authority-certificate.service.gov.uk</u>.

Alternatively, you can complete a paper application form and send this to the electoral services team at your local council.

If you need any help with applying for a Voter Authority Certificate or want to request an application form, contact your local council. To find their contact details visit <u>electoralcommission.org.uk/voter</u>.

Find out more

If you have any questions or would like to find out more, go to electoralcommission.org.uk/voterID, or call their helpline on 0800 328 0280.

COMMUNITY ACTIVITIES







JOIN US FOR THE ANNUAL

Saturday 8th April 2023

Britannia Coconutters

Rossendale Radio

Ukulele Band

Pete Sweetmore

Punch & Judy

Circus School

Funfair

Face Painter

Stormtroopers

Bloom toddler sensory

Story & Song

Easter Crafts

Food Vendors

Market

Raffle

Tombola

IRWELL TERRACE | LIBRARY | BACUP MARKET













Community Tel: 01706 230116 Childcare Tel: 01706 224848 Email: info@hcl.org.uk www.haslingdencommunitylink.org.uk Haslingden Community Link - Company Limited by Guarantee No. 3612468 - Registered Charity No. 1075926



EASTER Family Fun!

Sport • Snack • Craft • Games

For children aged 0-11 years and their families. All children must be accompanied by an adult

9:30-11:30

St Anne's Church, Edgeside

Ashworth Road, BB4 9JE

Booking essential-limited spaces available email: wellbeing@stannesedgeside.co.uk







Baby Sense

Tuesday 10-11:15am 18th April - 23rd May 2023

A relaxed, friendly baby group where parents/carers can socialise with others and bond with their baby. Featuring props, music, biscuits, brews and bubbles!

Location St Anne's Church, Edgeside, Ashworth Road, BB4 9JE

For more information please email: wellbeing@stannesedgeside.co.uk

Places are free Drop ins welcome

It would be lovely to see you there!



。Come Together



Pop into a welcoming environment, enjoy a free cuppa and a chat with others

Every Monday 12pm-1.30pm (during term time) Rawtenstall Unitarian Church Bank Street

Contact Cath for more info on 07727 180164 or Email catheddisford1@gmail.com









ROSSENDALE MALE VOICE CHOIR

A Singalong Does You Good!

Extract from The Daily Mail - 20th December 2011

"Singing in a choir can boost your body and mind as well as making you feel even more festive at this time of year. Evidence is growing in studies worldwide that belting out songs with others can strengthen the immune system and reduce stress. It is also said to improve symptoms of conditions including Alzheimer's, depression and lung problems by improving breathing. On top of all that, being in a choir brings friendship and a sense of belonging."

Who do I contact?

Paul Lomax is the Choir Secretary. Contact him on 07927 064366 or email: secretary@rossendalemalevoicechoir.co.uk and he will arrange to meet you at the rehearsal venue, St Peter's Church, St Peter's Avenue, Haslingden, at 19.30 on a Monday evening.

What is the choir expecting of a new member?

We are looking for men with a reasonable singing voice, and an enthusiasm and commitment to join the choir. You do not need to be able to read music; many of our members also learn by following instruction from the musical director.

What can I expect at my first rehearsal?

A warm welcome from a group of about 45 men, who all enjoy singing. We are a very friendly choir. Some members have joined us recently and others have been in the choir for many years. The Rossendale Male Voice Choir (RMVC) is divided into 4 sections: Top Tenors, Second Tenors, Baritones and Basses, with each section having a Section Leader. We will talk to you about which section you think will suit you best, but you will not be asked to sing in front of others. If you feel that you are not in the right section for your voice, you can try a different group, to see if that is a better fit.

When will I sing in a concert?

All new members learn at their own pace, and as soon as you feel ready, and can demonstrate that you know the repertoire, you will be invited to sing at the next concert.

What will it cost me to be a member?

Full members of the choir pay a subscription of £16 per month, by standing order, for which they receive the loan of the choir uniform and all music.

Is there a social aspect to this choir?

There certainly is, and you can get involved as much as you wish. This could be anything from a beer after rehearsals, to working with us to arrange social events and fundraising.

We sometimes sing in concert with the <u>Rossendale Ladies Choir</u> and form a mixed choir known as the Rossendale Festival Choir for which there are a limited number of separate rehearsals. We also have links with choirs in Europe and have had occasional trips to Germany and more recently to Killarney. Within Britain, we have had two recent, and successful, trips to Cornwall. Many of our wives or partners have joined us on these trips, and they are most welcome.

Will I enjoy being a member of RMVC?

You certainly will. If you enjoy singing, you will be joining one of the best choirs in the area, with a long and distinguished history. We sing a wide and interesting variety of pieces both classical and modern. The choir has performed with some of the best Brass Bands in the country, and our own members come from all walks of life. At concerts you will be giving pleasure to a great many people, often raising money for some excellent causes, in some fantastic venues and you will get the "buzz" which only comes with live music.

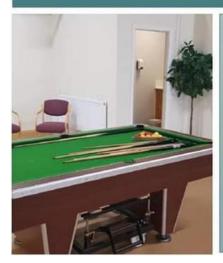




MONDAY DROP IN 12.30PM – 2.30PM

BACUP FAMILY CENTRE

TOP FLOOR OF THE ABD CENTRE



Fancy meeting new people?

Getting out of the house & a change of scenery?

Our drop in is a safe space for people to pop along for a few hours, chat & have a brew & biscuit!

With games, quizzes, bingo, pool, cards, crafts & more. Join in as much or as little as you wish.

All welcome (adults 18+) & completely free! For more info contact us 01706870683 / enquiries@bacupfamilycentre.co.uk







Rossendale Men's Sheds Activities

Mondays 11am 2pm Whitewell Bottom

Community Centre Social Group, Lunch Provided

Tuesdays Ipm Holden Arms, Grane Rd, Haslingden

Blokes Walks

Wednesdays The Link Centre

Gardening 10am Social Group 4pm 6pm

Thursdays 10am Whitworth

Blokes Walks Starting from the Posh Pig

Fridays 10am 3pm The Veterans in Communities

Centre Woodworking

3rd Saturday of every month The Link Centre Come & Fix Your Bike Sessions





Haslingden Community Link

Bury Road, Haslingden, Rossendale, Lancs BB4 5PG
Community Tel: 01706 230116 Childcare
Tel: 01706 224848 Fax: 01706 238354
Haslingden Community Link—
Company Limited by Guarantee
No. 3612468—Registered Charity No. 1075926



To get involved, call Andy Robinson 07517 118526



Scan to see more Men's events around Rossendale!

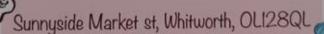




STRONGER TOGETHER

We are a new voluntary group for unpaid carers we are two ladies called Angela & Kath who are both unpaid carers, we feel there is no support in our area so decided to set up this new group. We know the daily struggles that carers face and would like to provide support where we can. We are here to listen, give advice, share experiences or simply just join us for a cuppa.

Every Monday Ilam-2pm FREE
Contact Angela via email
angelaforster57@gmail.com







Atarah Ben-Tovim,
Eugenie Cheesmond,
Beryl Formby
Mary Hindle
Emmeline Pankhurst
Hilda Rogells
Keira Walsh...

Did / do **you** have special memories of these women?

Are there other women that **you** think need to be represented?

Can **you** contribute to
Haslingden's first co-created
Walking Trail?



Drop in to

Haslingden Library to have a chat with local community artist

Emma Long on:

Monday 3rd April 3 - 4 pm or Saturday 15th April

10:30 - 11:30 am



HERSTORY OF HASLINGDEN

Women
who paved
their own paths

COMING SOON - A walking trail to celebrate the past and present lives and individual achievements of women connected to Haslingden



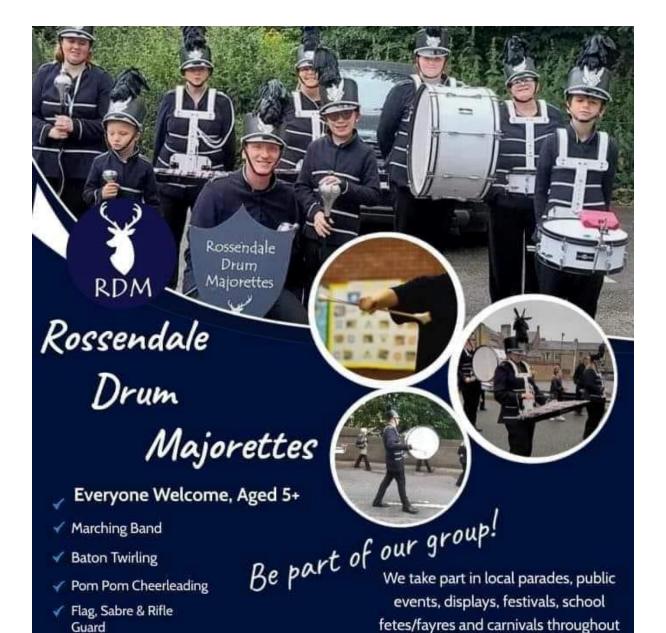








Find
Haslingden Library on
Higher Deardengate,
Haslingden,
Rossendale,
Lancashire,
BB4 5QL



We Train Tuesday 6pm-7:30pm

Whitewell Bottom Community Centre Burnley Road East BB4 9LB

the year and most are within a short radius of Rossendale.

Free weekly activities in Rossendale







We run free sports, wellbeing activities, job clubs and more for people looking for work or a confidence boost.

- Community allotment
- Boxercise and wellbeing group
- Weekly job clubs
- Free breakfast and lunch social clubs



Scan the QR code for our weekly calendar or visit activelancashire.org.uk/rw-activities











COMMUNITY INFORMATION



HARDSHIP GRANTS

Can provide short-term help to Lancashire residents who are struggling to afford essentials due to the rising cost of living, including:

- Food
- Energy and water
- Rent and other housing costs
- Appliances and furniture
- Other wider essentials

In addition to grants, LCFs team of expert advisors are on hand to provide free, impartial, and confidential advice on money, benefits, debt and housing issues.

To speak to a member of the team, including to enquire about a hardship grant, please call:

01772 556 877



Lancashire Community Finance (IPS) Ltd Authorised and regulated by the Financial Conduct Authority FRN 659275



ROSSENDALE



THE VALLEY'S LGBTQIA+ COMMUNITY. OFFERING SUPPORT, INFORMATION AND HELPING PEOPLE TO ACCEPT THEMSELVES AS WELL AS BE ACCEPTED

JOIN OUR FACEBOOK GROUP (SPECTRUM INCLUSION ROSSENDALE) FOR DETAILS OF WHERE AND WHEN WE MEET





PROUD OR SEND US AN EMAIL FOR MORE INFORMATION

SPECTRUMINCLUSIONROSSENDALE@GMAIL.COM

BEREAVEMENT

ARE YOU STRUGGLING WITH THE LOSS OF A LOVED ONE?

Our Bereavement Café is a **new service** which aims to connect local, bereaved people in Rossendale together, to support each other through grief and loss.

Here at Rossendale Hospice, we feel that some of the most meaningful support you may experience when you have been bereaved, is through connecting with others who have had similar experiences.



- Offer a safe space to meet others
- Speak about your experiences
- Ask any questions you may have
- Share resources
- and make new friends

TO BE HELD

EVERY MONDAY

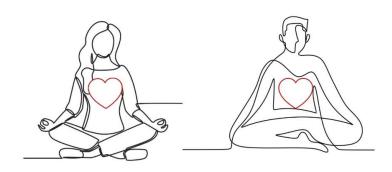
from Monday 17th April 10am–12.30pm

The sessions will also include activities such as relaxation, mindfulness, self care, Tai Chi, crafts, colouring, Mandalas & ways to help and support yourself at home.



IF YOU WOULD LIKE MORE INFORMATION
PLEASE PHONE SUSAN AT ROSSENDALE HOSPICE
01706 393870 (option 2)

OR EMAIL SUSAN.SMITH@ROSSENDALEHOSPICE.ORG



Healing therapy
Free Health information session
Monday's 11am-12pm
not operating 27/03/23
Free refreshments
Guided meditation coming soon

https://www.facebook.com/earthlightangel Located Unitarian Church, 34 Bank St, Rossendale BB4 8DY



Hi, I'm Ben.
I'm a personal trainer, it
would be great to see
you at my exercise class
at the Unity Hub!

Free 45 minute exercise class



Want to Fit into your pre covid clothes? Feel confident round the pool on holiday?

Burning calories & improving core strength at my class will have you looking & feeling AMAZING!

Suitable for all abilities including beginners

A mix of light/medium intensity cardio & core exercises

Remember to bring a bottle of water & wear comfy clothes!

FOR MORE INFORMATION INFORMATION CONTACT
THE UNITY COMMUNITY HUB ON 07534807829



FUNDING





The Marsden Building Society Charitable Foundation

Marsden Building Society was founded in 1860 and has grown to become the largest Lancashire-based building society, placing community at the heart of what they do. The Community Foundation for Lancashire are pleased to manage the Marsden Building Society Charitable Foundation endowment fund, which makes charitable grants to support community organisations in Lancashire each year.

The fund can consider community projects that meet at least one of the following priorities:

Financial well-being – The Society wants to support projects that promote financial well-being, and this year, due to financial pressures brought on by the cost-of-living crisis, are looking to support community projects providing debt advice and money management skills.

A society for all — The Society wants to promote societal inclusion, and this year, are looking to support projects focussed on helping people over the age of 60 through community cohesion activities, accessibility and engagement.

A great place to be – The Society wants to support projects that focus on making Lancashire a great place to be, and this year, are looking to support projects focussed on the environment and area restoration/regeneration.

What costs can be considered?

The fund is able to consider staffing costs, volunteer costs, activity/operational costs, training costs, small capital items (e.g., equipment, IT). A proportion of organisational overheads can also be considered.

Grants of up to £3,000 available.

Find out more at https://bit.ly/42zWxg0

Closing Date: Friday 12th May 2023 at 4pm. Decisions are anticipated to be made in late June.

TRAINING



Sow and Grow (Adults)

FREE ONLINE EVENT!

Saturday 29th April 10:00am to 11:30am

Enrol TODAY!

lal.ac.uk | 0333 003 1717 enquiries.lal@nelsongroup.ac.uk FREE
RESOURCE
PACK SENT TO
THOSE WHO
ENROL IN
ADVANCE!



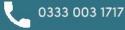
Are you a volunteer, community member or support people as part of your role?

Do you support individuals or groups by helping them and guiding them to become more independent by using mentoring & information advice & guidance techniques?

Did you know these skills in Mentoring, Information Advice & Guidance can be transferred into a recognised accredited qualifications? Join us at Lancashire Adult Learning on the dates below to explore these learning opportunities and speak to our expert tutors in our live online classes.

- Introduction to Information Advice & Guidance 21/03/23 9:30am-12:00pm Click here to enrol
- Introduction to Mentoring
 22/03/23 9:30am-12:00pm Click here to enrol





Introduction to Information and Guidance book at:

https://portal.mis.nelsongroup.ac.uk/Page/U_PublicCourseDetails?uio_id=32931

Introduction to Mentoring book at

https://portal.mis.nelsongroup.ac.uk/Page/U PublicCourseDetails?uio id=32675



Flexible Online Courses with Lancashire Adult Learning

Enrol onto a FREE accredited qualification. Learn at your own pace, in your own time. A dedicated tutor will be assigned for support.

- Level 2 Certificate in Principles of Business Administration
- Level 2 Certificate in Principles of Customer Service
- · Level 2 Certificate in Principles of Team Leading
- · Level 2 Certificate in Event Planning
- · Level 2 Certificate in Understanding Environmental Sustainability
- · Level 2 Certificate in Information, Advice or Guidance
- · Level 2 Certificate in Understanding Retail Operations
- Level 2 Certificate in Equality and Diversity
- · Level 2 Certificate in Safeguarding, Prevent & British Values
- · Level 2 Certificate on Principles of Prevention & Control of Infection
- · Level 2 Certificate in Understanding Common Childhood Illnesses
- · Level 2 Certificate in Understanding Children & Young People's Mental Health
- · Level 2 Certificate in Understanding Autism
- · Level 2 Certificate in Self Harm, Suicide Awareness & Prevention
- · Level 2 Certificate in Safeguarding, Prevent & British Values
- · Level 2 Certificate in Principles of Dementia Care
- · Level 2 Certificate in Mental Health First Aid & Mental Health Advocacy in the Workplace
- Level 2 Certificate in Common Health Conditions
- Level 2 Certificate in Awareness of Mental Health Problems
- · Level 1 Award in Substance Misuse
- Level 1 Award in Alcohol Awareness







VOLUNTEERING AND JOB OPPORTUNITIES



Come along, grab a brew, meet new people and receive support with:

- Finding and applying for vacancies
- Improving your CV and your job seeking skills
- Accessing free community activities to boost your wellbeing, skills and confidence





Every Wednesday, 1pm - 3pm (starts 29/03/23)





07562630299



















Employment Links Partnership (ELP)

FREE help with training & employment advice every Tuesday at The Ashcroft/Civic Hall, Market Street in Whitworth

We can help you with:

- Finding training courses and gaining qualifications
- Job hunting and securing employment
- CV and interview tips
- Career advice on exploring your options

Contact us for more information:

- ELP@rochdale.gov.uk or call 01706 646 471
- Employment Links, 99 Drake Street, Rochdale OL16 1PZ

Providing a helping hand by giving advice to help you get into the right career



Employment Links Partnership (ELP) staff will be attending Whitworth area every Tuesday (The Ashcroft/Civic Hall, Market Street).

When booking, please state where you would like your appointment: Whitworth or Rochdale

ROSSENDALE LADIES CHOIR

ACCOMPANIST REQUIRED

Rossendale Ladies Choir is currently looking for an accompanist for weekly rehearsals (Wednesdays 7.30pm - 9.30pm in Haslingden, Rossendale) and occasional concerts spread throughout the year.

The choir sings a varied range of repertoire including classical, pop and contemporary. The successful candidate will have excellent keyboard and sight-reading skills and will be Grade 8 or equivalent on the piano. Previous experience in accompanying vocal groups would be an advantage. The fee is open to negotiation based on experience and qualifications.

For further details and a job specification please message via facebook

or contact the Secretary, Karen Whittaker 01706 226174.

