

COMMUNITY BULLETIN

May 2024

Welcome to your May Community Bulletin. We produce a monthly bulletin with our health and community partners to keep you updated about community activity across Rossendale. This will include information on community group activities, events, health information, grants and community training opportunities. We hope you will find the bulletin useful.

All published Community Bulletins are available at

https://www.rossendale.gov.uk/downloads/download/11317/coronavirus_community_bulletins

Feel free to share the bulletin with friends, community groups and on community group social media. If you have some information that you would like to share in the next bulletin, or you would like to be added to the e-mail distribution list, please contact us at

communitiesteam@rossendalebc.gov.uk



Spring cycling in Rossendale



CANCER
RESEARCH
UK

Together we are
beating cancer



Join us for
afternoon
tea

Bacup Local Committee

Afternoon tea

Saturday 18 May 2024, 1.30pm for a 2pm sit down

Sykeside Country House Hotel

Tickets £22 per person

Our last event at Sykeside Country House Hotel, with delicious food and a raffle on the day.

For tickets, contact Liz at crukbacupcommittee@gmail.com or 07761 120176

TABLE TOP FAIR



25th May 2024 11am- 3pm

Car boot stalls plus cakes &
beverages for donations
& tombola.

Raising funds for The Unity Fridge
more info: emmajaneuk@yahoo.co.uk

***UNITARIAN CHURCH 34 BANK ST
RAWTENSTALL BB4 7QY***



**COMMUNITY
FUND**

St Anne's Church
lets build together EDGESIDE



Craft & Chat

**A social group for adults.
St Anne's Church, Edgeside
Thursdays 10-11:30am
18th April-23rd May**

**Come along to a friendly and informal
group to make friends, have a brew,
try new skills and have a natter!
All welcome!**

Donations welcome for tea and coffee

For more information, email
wellbeing@stannedgeside.co.uk
or speak to Natalie

D-DAY



**80TH ANNIVERSARY
AFTERNOON TEA
SUNDAY 9TH JUNE**

2PM - 6PM THE ASHCROFT



AFTERNOON TEA



1940'S FANCY DRESS COMPETITION



HOWARD WILKINSON PHOTOGRAPHY



**ENTERTAINMENT FROM WHIT VALE &
HEALEY BRASS BAND, USA UKULELE
BAND & WHITWORTH COMMUNITY CHOIR**

**TICKETS AVAILABLE
FROM WHITWORTH.CO.UK
OR THE ASHCROFT
£6PP**



WHITWORTH
TOURISM & LEISURE COMMITTEE



WHITWORTH SKYLINE 9



ALL AGES WELCOME

FREE
Downloadable
audio
commentary

Sunday 12th May

14 mile circular moorland walk

9 mile Western Skyline or 3 mile Sunday Stroll options available

Start between 7.45 and 9am at Lobden Golf Club

Refreshments en route and meal at finish

Entry forms available across Whitworth

Organised by Whitworth Sports Council



Whitworth
Town Council

ST ANNE'S

BABY & TODDLER GROUP

Wednesday 17th April-22nd May
10-11:30am

St Anne's Church,
Ashworth Road,
Edgeside

Come to join us for free play,
craft, story time, song time
& snack time plus tea/coffee

A lovely chance for children aged
0-5 and their grown up to socialise
and grow, together
£1 per family per week

Booking essential- to join the
waiting list please email:
wellbeing@stannedgeside.co.uk



Garden Open Days

Saturday & Sunday
25th & 26th May 2024
11am to 4pm

Badger Corner, Brockclough Road,
Whitewell Bottom, Rossendale, BB4 9LG

Entrance donation of £5 - Children under 12 free
including tea, coffee and biscuits.
Cream teas, cakes & plants on sale



All proceeds to:
Royal National Lifeboat Institution
The charity that saves lives at sea



St Anne's Church
lets build together EDGESIDE



BabySense

Tuesday 10-11:15am **
16th April-21st May

A relaxed, friendly baby group for babies
aged 0-12 months

Parents/carers can socialise with others
and bond with their baby. Featuring
props, music, snacks, brews and bubbles!

Please note: the session on 16th April will run 11-12:15

Location St Anne's Church, Edgeside,
Ashworth Road, BB4 9JE

For more information please email:
wellbeing@stannededgeside.co.uk
£1 per week

Booking essential to join the waiting list
email:

wellbeing@stannededgeside.co.uk



HASLINGDEN VE DAY PICNIC IN THE PARK

FREE EVENT AND OPEN TO ALL

SAT 4TH MAY FROM 12:00 - 14:00
AT GREENFIELD MEMORIAL GARDENS, HASLINGDEN

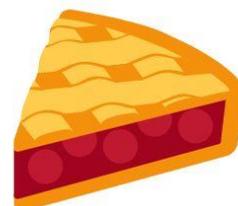
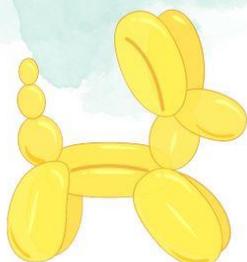
JOIN US! BRING ALONG A PICNIC AND BLANKET

PERFORMANCES BY

THE VIC CHOIR

ROSSENDALE MAJORETTES

THE OLD TIME ENTERTAINMENT COMPANY



FACE PAINTING . BALLOON MODELLING . MAGICIAN . CRAFTS
BACUP PIE . CAKE - A - BRATE . CLASSIC ICE CREAM VAN
NINJA COFFEE



Made possible with

Heritage
Fund

Haslingden



ROSSENDALE
BOROUGH
COUNCIL

2024 working days

- *Saturday 13th January*
- *Saturday 10th February*
- *Saturday 9th March*
- *Saturday 13th April*
- *Saturday 11th May*
- *Saturday 8th June*
- *Saturday 13th July*
- *Saturday 10th August*
- *Saturday 14th September*
- *Saturday 12th October*
- *Saturday 9th November*
- *Saturday 14th December*

*Muster from 9.30am onwards,
high Viz at the ready with
refreshments at 11am.*

All Welcome!

Benches



During 2023, FOHC have added additional benches around the Cemetery, restored and unveiled the Queen Elizabeth II Coronation bench, 70 years after it was first placed. Restored and placed the King George V memorial bench 87 years after it was first placed and worked with families and donors placing 4 new benches around the grounds.

Chapel restoration well underway

Working with Rossendale Borough Council the Central Chapel has undergone extensive works including areas of re-plastering and a full re-decoration, our volunteers now keep it clean and tidy and it now provides a pleasant space for remembrance, private contemplation and burial services.



Keep up to date with us via:

Website: www.fohc.org.uk

e-mail: friendsofHaslingdencemetery@gmail.com

Facebook @friendsofHaslingdenCemetery

Our notice board in the Cemetery by the watering station tap



Football Works - Mental Health Awareness Week

Football Works is a free wellbeing session open to those of all ages and abilities, which aims to provide support with mental and physical health as well as employability support. To celebrate Mental Health Awareness week, we are hosting an open session for any individuals who would like to attend and find out more about what the session has to offer.



Taking place on Wednesday 15th May

📍 Marl Pits Leisure Centre, Newchurch Rd, Rawtenstall, Rossendale BB4 7SN

🕒 1PM - 2PM

✉ Email PBecouarn@ActiveLancashire.org.uk for more information



Free Weekly Activities

For more information visit
rossendaleworks.org.uk

or use your phone's camera to scan this code.



Come along to make new friends, learn new skills, get active and have fun.



Monday

Rosendale Works Skills Hub

📍 Skills Hub, Futures Park, Bacup, OL13 0BB
🕒 9am - 4pm

Free Ladies Yoga

📍 Haslingden Community Link, Haslingden, BB4 5PG
🕒 12:15 - 13:15
🕒 13:30 - 14:30

☎ Contact Geraldine on 07465 755471

Free Health Advice and Signposting Session

📍 Skills Hub, Futures Park, Bacup, OL13 0BB
🕒 2pm - 4pm

Tuesday

Free Boxercise and Wellbeing Group

📍 Love Boxing, Unit 3a, Myrtle Grove, Mill, Lench Road, Waterfoot, BB4 7JH
🕒 2.00pm - 3.00pm

Wednesday

Rosendale Works Skills Hub

📍 Skills Hub, Futures Park, Bacup, OL13 0BB
🕒 9am - 4pm

Football Works 5-a-side

📍 Marl Pits, Newchurch Road, Rawtenstall, BB4 7SN
🕒 1pm - 2pm

Thursday

Free Breakfast Club

📍 Trinity Baptist Church, Bacup, OL13 0AL
🕒 10am - 12pm

Free Bike and Cycling Maintenance Session

📍 Trinity Baptist Church, Bacup, OL13 0AL
🕒 10am - 12pm

Friday

Allotment Club

📍 Stacksteads Allotment Society, Bacup, OL13 0EH
🕒 1pm - 4pm

All sessions are free, for further info please contact Django on 07562 630299 or Danny on 07465 759891.

Whitworth residents can sign up to receive free gym passes at Metcon Gym.





yoga

IN THE PARK

OFFICIAL OPEN EVENT

Sunday 5th May
9:30AM - 12:00PM

FREE FOR EVERYONE



9:30am - Mayor opens event
9:30am - 10:30am - Yoga Session
10:30am - 11:30am - Free Park Tennis
11:30am - Guided Walk around the Park

PLEASE NOTE* Mats & towels for yoga are not provided, please bring your own.

No need to book, just turn up.

Supported by Beacon Dementia, Civic Pride and Incredible Edible.



 **Whitaker Park, Rawtestall**



Welcome to the Spring 2024, quarterly newsletter of Rossendale Valley Energy (RVE) - a Community Benefit Society that's community owned
Watch out for the next issue in July!

In this issue...

- Hello from Rossendale Valley Energy
- What is energy advice?
- Fairer Warmth
- RVE Champion Volunteers
- News and pop-ups



Hello from Rossendale Valley Energy (aka RVE)

RVE is a Community Benefit Society, empowering local people to help make fuel more affordable and create warmer and greener homes.

Here is the day RVE opened in 2022...



What are we doing?

We're running energy projects for people in Rossendale, aiming to provide energy advice, reduce fuel bills, make homes warmer, greener, and find affordable solutions for terraced houses.

➔ **Terraced houses - Innovate UK project**
We're Looking for an affordable way to make Rossendale terraced houses warmer and greener without any upfront cost, and we have a plan. We're starting to install new heat and insulation measures on three test houses this summer, funded by Innovate UK.

➔ **Solar project**
We are helping businesses in and around Rossendale with the installation of solar panels to ensure more affordable electricity. As a Community Benefit Society, any profit we make will go towards helping our local community. Interfloor in Haslingden and Lanxess in Baxenden have already started their journey with us.

➔ **Energy advice & Fairer Warmth**
Free and impartial energy advice to the people of Rossendale - online, over the phone and in person. This is funded by the Government's *Local Energy Advice Demonstrator (LEAD) programme*.



Energy Advice

What on earth is energy advice all about?

- ❑ *Saving energy* - how much energy is being used to keep your home warm? How much for day to day activities? Can it be changed?
- ❑ *Energy bills* - do you understand them and do they look right? Are they in arrears and do you need help with them?
- ❑ *Available grants* - are you or your home eligible for any of the help or grants that are out there? *They don't all depend on benefits.*

How can you find us?

Online, on the phone, and in person

Email: info@rvenergy.org.uk

Phone: 01706 392646

Text or WhatsApp: 07887 001 472

Facebook: RossendaleValleyEnergy

In person: Visit a pop-up or give us a ring for an appointment or a home visit

Fairer Warmth

Online tool to help find grants & save energy



Centre for Energy Equality (CEE) have developed the Fairer Warmth app, which

is free to use and allows you to register your property, see what grants you might be eligible for, and request support from an energy champion for advice. Follow this link to give it a go, or get in touch with us and we'll help with it.



bit.ly/4aFKsto



Energy Advice Champions

We have two volunteer energy advice Champions

Daniel and Mark are visiting groups with us and are happy to help. Soon we'll be having workshops with fun and prizes!



Volunteer Champions, Daniel and Mark

Have you thought about volunteering? Why not join our energy team or the RVE board? Get in touch with us to find out more about volunteering, or ask us to visit your group - info@rvenergy.org.uk, 01706 392646.

"Part of what I want to do in my role is inform people on how energy is used, generated, and how to be more effective without breaking the bank... I'm in the same boat. I've been at this for years and because of the savings I make I have just that little bit more to spend and enjoy living"

Volunteer Champion, Daniel

How many Rossendale people have we helped up to now?

Since January 2024...

- ★ Around 400 people have had general energy advice about how they can cut their energy costs and save money.
- ★ Around 107 have had bespoke advice on grants, energy efficiency and retrofit measures. Retrofit means making changes to improve your home; like draught excluders, insulation, double glazing etc.



RVE pop-ups and news

Rossendale Family Hub

We're a proud member of the Rossendale Family Hub and can usually be found at the Bacup sessions on a Thursday Morning - 10am till 12pm at The Maden Centre on Rochdale Road, Bacup (the old Bacup baths). We can arrange to meet you there or you can drop-in and see us. We will still be there on Thursday 2nd May which is polling day.



Carers Link in Haslingden



Weds 8th May, 10am - 12pm, second Wednesday of the month.

First Choice Credit Union

9th and 23rd May, 10.00am till 12.00pm, 10 Manchester Rd, Haslingden.



Ninja Coffee Haslingden

2nd, 16th, 30th May, 6pm to 8pm, every other Thursday.

Rossendale Library pop-ups



Bacup Library - first Monday of the month 1:30pm to 3:30pm (unless it's a bank holiday).
Whitworth Library - second Monday of the month, 1:30pm to 3:30pm.
Rawtenstall Library - first Wednesday of the month, 10am to 12pm.
Haslingden Library - first Friday of the month, 10am to 12pm.

B&M light bulb discount



B&M are sponsoring us with a discount on energy saving light bulbs so we're giving out goodie bags to as many Rossendale residents as we can; those who access free advice and support to reduce fuel costs, increase energy efficiency, and make homes warmer and healthier.



Events & pop-ups - May 2024

Advice pop-ups that Rossendale Valley Energy will be holding this month. Some pop-ups are weekly, some fortnightly, some monthly, some a one-off. Check our social media or get in touch for any updates.

Email: info@rvenergy.org.uk
Phone: 01706 392646 | Text or WhatsApp: 07887 001 472
Facebook: RossendaleValleyEnergy

May 2024	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1			1st Rawtenstall Library, first Wednesday of the month, 10:00am to 12:00pm.	2nd May Rossendale Family Hub Baoup, Bacup Maden Centre, every Thursday, 10am to 12pm. Polling Day. Ninja Coffee Haslingden, 23 Deardengate Haslingden, 6pm to 8pm (every other Thurs)	3rd Haslingden Library, first Friday of each month, 10:30am to 12:30pm.
Week 2	8th BANK HOLIDAY MONDAY SHINE Rawtenstall, every Monday, 4:30pm to 6:30pm - Kay Street Baptist Church, Rawtenstall. Baoup Library, first Monday of the month, 1:30pm to 3:30pm - but it's a bank holiday in May so not this month.	7th	8th Carers Link Haslingden, Deardengate, Haslingden, 10:00am to 12:00pm.	8th Rossendale Family Hub Baoup, Maden Centre, every Thursday, 10am to 12pm. First Choice Credit Union Haslingden, 10am to 12pm. 10 Manchester Road, Haslingden. Ow Do group Rawtenstall, St Paul's Community Hall, 7pm to 9pm.	10th
Week 3	13th Whitworth Library, second Monday of the month, 1:30pm to 3:30pm. SHINE Rawtenstall, every Monday, 4:30pm to 6:30pm - Kay Street Baptist Church, Rawtenstall.	14th	16th	16th Rossendale Family Hub Baoup, Bacup Maden Centre, every Thursday, 10am to 12pm. Ninja Coffee Haslingden, 23 Deardengate Haslingden, 6pm to 8pm.	17th
Week 4	20th SHINE Rawtenstall, every Monday, 4:30pm to 6:30pm - Kay Street Baptist Church, Rawtenstall.	21st	22nd Carers Link Haslingden, Deardengate, Haslingden, 10:00am to 12:00pm.	23rd Rossendale Family Hub Baoup, Bacup Maden Centre, every Thursday, 10am to 12pm. First Choice Credit Union Haslingden, 10am to 12pm. 10 Manchester Road, Haslingden. Ow Do group Rawtenstall, St Paul's Community Hall, Rawtenstall, 7pm to 9pm.	24th
Week 5	27th SHINE Rawtenstall, every Monday, 4:30pm to 6:30pm - Kay Street Baptist Church, Rawtenstall.	28th	29th	30th Rossendale Family Hub Baoup, Bacup Maden Centre, every Thursday, 10am to 12pm. Ninja Coffee Haslingden, 23 Deardengate Haslingden, 6pm to 8pm.	31st

Carers Meetups

Monthly / 11-1pm

Rossendale - 1st Thursday

Haslingden Community Link,
Bury Rd, Haslingden,
Rossendale, BB4 5PG

Come and join us for a cuppa and delicious lunch!



For more information contact us at
01254 387444

 **Carers Link**
Lancashire
IMPROVING LIFE FOR CARERS

Notice is hereby given that
Whitworth Annual Parish Meeting
will be held at The Ashcroft, Whitworth Civic Hall
on Thursday 9 May 2024 at 7.30pm



AGENDA

1. To receive apologies and the reasons for absence.
2. To consider the Minutes of the Annual Assembly of the Parish held on 11 May 2023, and to approve the signature of the minutes by the Chairman as a correct record.
3. To receive the Annual Report of Whitworth Town Council.
4. To receive the statement of Whitworth Town Council's Accounts for the year end 31 March 2024.
5. To receive Whitworth Town Council's observations on its finances for the current year.
6. To receive the reports of the County Councillor and of the District (Borough) Councillors for the Divisions in which the Township is situated.
7. To receive statements and reports from representatives of the Police, and appropriate voluntary and statutory organisations in the Township.
8. To receive a report on the parochial charities.
9. To consider resolutions of which written notice has been given.
10. To deal with any other business / Public Question Time.

Given this 2nd Day of May 2024

Mr Mike Royds
Mayor of Whitworth

This town meeting is facilitated and minuted by Whitworth Town Council



Whitworth
Town Council



For more information:

Please contact Rachel Hodson, Town Clerk (standard office hours: Monday-Friday, 9:30am - 2pm):
tel: 01706 852018 / email info@whitworth.gov.uk or visit www.whitworth.gov.uk
In person: Whitworth Town Council Offices, Civic Hall, Market Street, Whitworth

YOUR COMMUNITY NEEDS YOU

**Haslingden and
Helmshore
Civic Pride**



COMMUNITY CLEAN-UP

Sunday 19th May
9am - 12pm

Start point: Ninja Coffee
23 Deardengate BB4 5QN

- Volunteer as much or as little time as you like
- Full equipment provided
- Bring your full bag, full of rubbish, back to Ninja & swap for a hot drink

LOVE
HASLINGDEN



ROSSENDALE
BOROUGH
COUNCIL

Ninja_Coffee
NinjaCoffeeCompany.co.uk Est.2018

Consumer Alert – Lancashire Trading Standards

Beware cold callers offering tree cutting services.

A householder in Bacup was cold called, the trader stating the trees in his garden were diseased and needed cutting down. The trader threatened to report the matter to the Council if the householder did not agree. The work was done, which only took a few hours, costing £500 which the trader would only take in cash.

In a similar incident in Colne a householder was cold called and agreed to work to cut down some shrubs. The traders were there no more than 20 mins and charged £400.

Trading Standards advice is to always say no to cold callers. The Safetrader scheme can help you find a trader in your area, contact 0303 333 1111 or go to www.safetrader.org.uk.

Beware roofing scam

A Burnley resident posted a leaking roof job on an online quoting platform. When the trader arrived, further work was alleged costing £700 which included using a liquid treatment. The householder was told the treatment took 24 hours to dry. After 24 hours the leaks were still there, and the trader was no longer contactable.

Use caution if using online platforms and always make sure you have business contact details for any traders you deal with.

Beware line painting services.

Schools, churches and any business with a car park are being warned about a

line-painting scam that has left a school with a bill of £1000. A Lancashire Primary school believed the traders were working for the council. In a twist on the traditional cut-price driveway asphalt scam, the school was told that council workers had white paint left over and could repaint their line markings for a discount price of £9 per metre. All the negotiations were done verbally, it was only when an invoice was later received for a substantially inflated amount that the school realised the workers had not been sent by the council.

Trading Standards have heard of similar incidents in the past focussed on churches and village halls, but any public space with line marked areas needs to be wary and not deal with unsolicited calls from businesses.

HMRC phone scam

A resident in the South Ribble area received a phone call from a person claiming to be calling from HMRC stating the resident owed money. The caller was very convincing and managed to get personal details from the resident, but luckily the scam was realised before any money was paid. Please remember HMRC will never contact you threatening legal action or arrest. Suspicious phone calls, emails or messages can be reported to the HMRC, see www.tax.service.gov.uk for further details.

For information on current scams see www.facebook.com/StanleyDards/

Contact the Trading Standards Service via the Citizens Advice Consumer Helpline on 0808 223 1133.

lancashire.gov.uk



Lancashire
County
Council 



Do you need help with small repair work? Things that may be too small for larger contracting companies to come out to. If so, we may be able to help you.

What can we do?

- Handyperson work – smaller jobs like fixing curtain rails and blinds, putting up shelving, changing light bulbs, fixing loose floorboards.
- Minor adaptations work such as fitting a grab-rail or additional banister rail.
- We may be able to help with larger jobs too – just talk it through with our friendly team. Things like:
 - ✓ Fitting new doors
 - ✓ Making and fitting new gates
 - ✓ Replacing rotten floorboards
 - ✓ Fitting or fixing small areas of fencing
 - ✓ Repairs to sheds
 - ✓ Internal door repairs / replacement

There is a charge for the service – please contact our office for more details.

This work is managed and delivered by Homewise, which is a local charity and a home improvement agency that operates in many parts of East Lancashire.

You can contact us directly on 01254 232249 or email info@homewisesociety.org.uk to request our help.

Visit us at:  >



NHS Talking Therapies – Information Drop-In

Join us this Mental Health Awareness Week to learn more about the help and support that is available for adults aged 16 and above.

Haslingden Library

Friday 17 May

10am - 1pm

lancashire.gov.uk/libraries



Lancashire
County
Council 

FREE EXERCISE & MOVEMENT CLASS

THURSDAY 9TH MAY
11 - 11:30 AM



Trinity Baptist Church, Bacup

Moving makes us feel much better about ourselves. It's social and creative. It can reduce the risk of illness and help us sleep better.

Movement is for EVERYONE

Join Rebecca from Inspire Motivate Transform.
No booking required.



LETS MOVE

for Mental Health Week

MONDAY 13th - FRIDAY 19th MAY

Free activities across Rossendale

Wellness Walks

Coffee Morning

1-1 Coaching

Yoga in the park

Walk & Talk

Taster Sessions

For more information & how to book visit: rltrust.co.uk



**MENTAL
HEALTH
AWARENESS
WEEK**
13-19 MAY 2024





Measles is not just
a childhood disease –
it can make adults
seriously unwell too

Make sure you
are up to date
with your MMR
vaccinations





NHS

Measles

cases are rising

**Worried about pork gelatine?
You can ask for the MMR vaccine
that does not contain it (Priorix)**

Couch to 5k is back 🤩
Grab your trainers and join us!

Call Marl Pits on 01706 226850 to book.

Couch to 5k

rossendale
leisure trust

Mix of running and walking to gradually build up your fitness and stamina. Children welcome.

Every Monday 6pm-7pm &
Wednesday 5:30pm-6:30pm

Book your place at Marl Pits or by
calling: 01706 226850

only
£10
for 10 weeks!



Cowm Reservoir Circular

Free organised walking group

Every Monday at 11:15am

Meet at Cowm Reservoir, Whitworth car park.

What to expect?

- A warm welcome
- Scenic walks throughout the park
- A relaxed pace with some inclines, benches are situated around the reservoir.



For more organised walks visit:
www.rltrust.co.uk/walks-in-rossendale





Let's Get Moving

It's time to start putting your health first!

I know that can be a big step. So we created a flexible class with a mix of exercise and movement.

Sit or stand, do as much or as little as you wish and don't feel guilty about, choose the music and help create our exercise routines if you want.

We are very flexible in our approach because we know it's what you need.

First class FREE
just turn up
then £3

Wednesdays

Exercise: 2:30 – 3:20pm

Social: 3:20 – 3:45pm

Where: ABD Community Centre,
Burnley Road, Bacup OL13 8AB
(Central location, bus stop nearby)

Benefits – good for aches,
mobility, feel good, meet
new people, be creative,
laugh, sing

Creative,
Beginner friendly
Accessible,
Inclusive



Questions? Call **Rebecca** from **Inspire Motivate Transform** on 07510 187211 or through Facebook @inspiremotivatetransform

FUNDING

Looking for Funding??

Lancashire County Council 4 Community



➤ Search for funding



➤ Help and Advice on how to apply

➤ Get regular emails with new grant sources



➤ Check out local funding success stories

Check out the website at <https://bit.ly/3TB2hSY>



Free Online Introduction to Deaf Awareness and British Sign Language



Join us to learn more about BSL and effective communication with deaf people.

In this one-off session you will be introduced to deaf awareness and British Sign Language (BSL) You will identify the barriers the deaf community face on a daily basis communicating in a hearing world. This session will cover tips on how to communicate more effectively with all deaf people. It will also teach you how to introduce yourself using British Sign Language and show you how you can continue to learn BSL independently after the session.

Online

Tuesday 7th May
10.00am - 11.30am



Online

Wednesday 8th May
6.00pm - 7.30pm



Use the QR codes above to enrol today!

In conjunction with Deaf Awareness week.

inspire

Online

Training Update

East Lancashire

New Training Dates!

We can come to your place of work and deliver training to your whole team! To arrange Face to Face training, contact me (details below), or scan below to join our online courses.



Drug Awareness

A brief introduction to the different types of drugs, their effects, dependency and harm reduction information.



Alcohol Awareness & Brief Intervention

A brief introduction to alcohol, units, short and long term effects, dependency and delivering brief interventions



Introduction to Inspire Services

A brief overview of Inspire services, what we offer as a service and an overview of a service user journey from start to finish.



Naloxone & Overdose Awareness

Train the trainer model in administering naloxone and training others in the use of naloxone. Naloxone kits provided upon completion of training.



Lisa is very approachable. She is knowledgeable and passionate. Lisa was able to answer all questions and her approach made the training interesting and mind provoking.



07884613339



EastLancs.Training@cgl.org.uk

VOLUNTEERING



**URGENTLY
NEEDED**



**WE
NEED
YOU!**

Volunteers Week Host Search!

BPRCVS Volunteering for Wellbeing & Community Hub are looking for a Host in Rossendale's Four Districts: Whitworth, Rawtenstall, Bacup, and Haslingden.

We are seeking hosts for Volunteer Week (Monday 3 June – Sunday 9 June) events across Rossendale's districts.

Are you interested?

For more details please contact The Hub at:
thehub@bprcvs.co.uk

Schoolreaders

improving literacy • increasing life chances

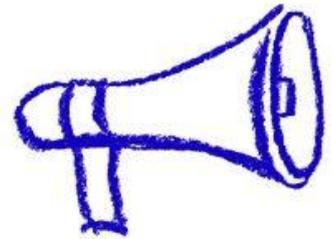
Volunteers Needed!

Please visit [Schoolreaders.org](https://www.schoolreaders.org)



Become a Schoolreaders Volunteer

Schoolreaders is looking for volunteers in this area to listen to children read in primary schools. No qualifications are required, just a love of reading and some spare time each week in term time.



Call out for volunteers!

Do you have some spare time to support the work of Lancashire Mind? We are looking for a range of volunteers to help us continue our work in supporting Lancashire's mental health and wellbeing.

Events Volunteers

Graphics Design Volunteer

Children & Young Peoples' Volunteers

Parent Advocates

Marketing Volunteer

Lived Experience Panel

Donating your time and skills to local community projects is one of the most amazing and rewarding gifts you can give. At Lancashire Mind, we want to share our mental health and wellbeing support access across the county! Can you help?



Please register your interest using the QR code or web-link below



www.lancashiremind.org.uk/pages/4-volunteer

Thanks for reading!

If you have any information you would like to include in the June community bulletin please email:

Communitiesteam@rossendalebc.gov.uk

By Wednesday 29th May 2024