



MARCH 2025

COMMUNITY BULLETIN



FIND OUT WHAT'S HAPPENING IN ROSSENDALE...

- Community Activities and Information
- Health and Wellbeing
- Funding
- Training
- Volunteering

WELCOME TO YOUR MARCH COMMUNITY BULLETIN!

We produce a monthly bulletin with our health and community partners to keep you updated on the community support and activities happening across Rossendale. This includes information from our community groups, events, health information, grants and community training opportunities. We hope you will find the bulletin useful.

All published Community Bulletins are available on our website – [Community Bulletins](#)

Feel free to share the bulletin with friends, community groups and on your own social media. If you have any information that you would like to share in our next bulletin, or you would like to be added to the e-mail distribution list, email us at communitiesteam@rossendalebc.gov.uk

COMMUNITY INFORMATION

CHURCH MINISTRY FOR PEOPLE IN LATER LIFE LAUNCHED IN ROSSENDALE

A new ministry, Anna Chaplain, is launching in Rossendale to support older people, offering companionship and spiritual care. Tricia Calway, an Anglican Lay Minister and Anna Chaplain, have been chosen by Manchester Diocese to lead this initiative.

They aim to build a team and collaborate with churches, faith groups, and care organisations to make a real difference. Planned initiatives include:

- **Adopt a Care Home Friend** – Providing friendship to care home residents.
- **Pets as Therapy** – Visiting with dogs and cats for comfort.
- **Church at Home** – Bringing church services to homes and care settings.
- **Dementia-Friendly Worship** – Supporting dementia-friendly services.

All volunteers will receive full training and safeguarding clearance (DBS). To find out more, contact Tricia.

tcalway@me.com

[07949 140108](tel:07949140108)





Lancashire
Adult Learning

COFFEE MORNING

AB&D CENTRE, BACUP, OL13 8AB



Date 1: Thursday 6th March – 3:30pm–7:30pm

Date 2: Friday 7th March – 10am–1pm

Join the AB&D Centre for tea, coffee or a soft drink and a chat about adult learning opportunities. Lancashire Adult Learning courses are FREE, and will help you discover potential career opportunities.

For more information:

www.lal.ac.uk

Children welcome – activities will be available.

SAFER BUS TRAVEL

Lancashire County Council has dedicated Public Transport Safety Officers who try to ensure everyone feels safe on buses, at bus stops, and stations. Their role is to:

- Engage with staff and passengers.
- Educate on acceptable behaviour when using the bus.
- Provide a visible presence on bus networks to deter anti-social behaviour.

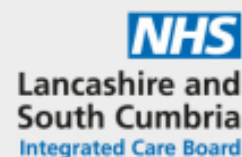


Report anti-social behaviour on your journey by text, starting your message with 'Lancashire'. Text: **81018**



GET INVOLVED WITH YOUR LOCAL NHS

Citizens Panel



Join the NHS Virtual Citizens Panel to take part in regular research, questionnaires and opportunities to share your views and experiences.

The panel is a valuable way for the NHS to receive feedback from people on local health and care services.

For more information:

www.lancashireandsouthcumbria.icb.nhs.uk/citizenspanel



NEURO-MOVES

THE HORSE AND BAMBOO, WATERFOOT, BB4 7HB



Join specialist dance classes for people living with neurological conditions and their friends and family.

Sessions every Mondays from 2pm - 3:15pm
£3.50 per session including a tea, coffee and biscuits, no need to book.

For more information:

www.lpmdance.com/neuro-moves



SCAM WARNINGS IN LANCASHIRE

COLD CALLERS OFFERING WORK

Residents are being warned about cold callers offering tree and shrub cutting, and window cleaning service services.



Stay Safe: Use known local traders and be wary of flyers. Trading Standards advises saying NO to cold callers. Find approved traders via the Safetrader scheme:

www.safetrader.org.uk

ROMANCE SCAMS

Online scammers build trust over time to trick victims into sending money.

Stay Safe: Speak to trusted friends/family before sending any money. Report any suspicious scams to Action Fraud:

www.actionfraud.police.uk

BT SCAM CALLS – ANALOGUE TO DIGITAL SWITCH

Scammers are impersonating BT, falsely claiming they need payment or personal details for a landline upgrade. Some even threaten immediate disconnection if payment isn't made.

Stay Safe: Report suspicious calls to Citizens Advice Consumer Helpline:

[0808 223 1133](tel:08082231133)



WHAT'S ON AT RAWTENSTALL UNITARIAN CHURCH



Located on Bank Street in the centre of Rawtenstall, with off-street car parking and step free access via Ormerod Street.

Visit their website for a full list of bookings including yoga, Pilates, martial arts and digital classes, and information about room hire:

www.rawtenstallunitarians.org

Open every Tuesday
11am-12:30pm

A Community Fridge offering free food items to anyone struggling, with no need for referral.

Simply pop to the church for a bag of food to take home, or enjoy hot drinks and snacks in a warm, friendly space.

£2 suggested donation, but do not feel obliged.



SWIM, BIKE, RUN

Swim Bike Run – a fun and welcoming triathlon designed for beginners or anyone wanting to give the sport a try!

Whether you're new to triathlons or looking to challenge yourself, this is a perfect opportunity to jump in and get started.

Date: 9th March

Location: Marl Pits



**SWIM
BIKE
RUN**

FROM 8AM ON
SUNDAY 9TH MARCH

The distance is:
50m swim
5km bike
1km run
or
200m swim
10km bike
3km run

The poster features three images: a group of cyclists in green and blue gear, a group of runners on a red track, and a swimmer in the water. The text is in a bold, sans-serif font.



BARMY BINGO

THE ASHCROFT, WHITWORTH

<https://the-ashcroft.co.uk/>

Saturday, March 8th – Barmy Bingo: Back to the 2000s!

Barmy Bingo is back with a nostalgic 00s twist! Get ready for a night of non-stop fun, where dancing is encouraged, singalongs are a must, and fantastic prizes are up for grabs!



THE BEACON SHED

The Beacon Shed is a purpose built dementia friendly space enabling people living with dementia to take part in the activities they love.

www.beaconrossendale.org.uk

TAI CHI WELLBEING SESSIONS FOR CARERS

Lighthouse Tai Chi will be running four sessions of Tai Chi, taking you through a sequence of gentle postures that are slow and controlled movements. These are designed to improve your posture, breathing, balance, and coordination, whilst providing a sense of relaxation and wellbeing.

Location: St Veronica's Hall, Helmshore, BB4 4JR

Dates: 6th March, 13th March, 20th March

2pm - 3pm

For more information and to book email:

shed@beaconrossendale.org.uk



MOTHER'S DAY AFTERNOON TEA

Afternoon Tea with delicious food, live entertainment, and a fully stocked bar for drinks!

Location: The Ashcroft, Market Street, Whitworth, OL12 8DP

Date: Sunday 30th March

<https://the-ashcroft.co.uk/>



FUNDRAISING QUIZ NIGHT STACKSTEADS COUNTYSIDE PARK GROUP

Date: 12th March, starting at 6:30pm
Locations: The Circle, Bacup

£5 per person – £50 The Circle voucher for the winner. Call Danielle to book now:

07859 010794



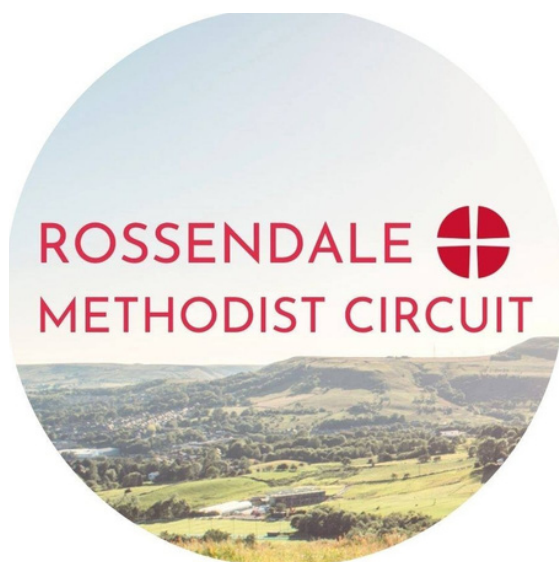
ROSSENDALE METHODIST CHURCH CAFE

Community café every first and third Tuesday of the month.

Brew and light refreshments available along with activities from 1-4pm.

Dog friendly. For more information:

www.rossendalemethodistcircuit.co.uk



CITIZEN'S ADVICE ENERGY ADVICE DROP-IN

Date: Wednesday 5th March 9-11am

Practical energy saving tips, options for dealing with energy debt and arrears, eligibility for grants, and help available for those struggling to pay for fuel.



GRANT FUNDING

ROSSENDALE VE DAY CELEBRATION GRANTS

Constituted community groups can apply for up to £250 to support a VE celebration event.

For more information:

www.veday80.co.uk

**UP TO £250
COMMUNITY
GROUP GRANT**

Email our Communities Team for an application form:

communitiesteam@rossendalebc.gov.uk

YOUNG FUTURES FUND

Grants ranging from £500 – £1,000.



This grant is for groups which meet at least one of the following objectives:

- Provide services that support, educate and empower.
- Connect young people to their peers.
- Support rehabilitation and recovery and provide shelter.
- Deliver activities / programmes that improve physical health and wellbeing.

For more information:

asdafoundation.org/young-futures-fund/

TRAINING OPPORTUNITIES

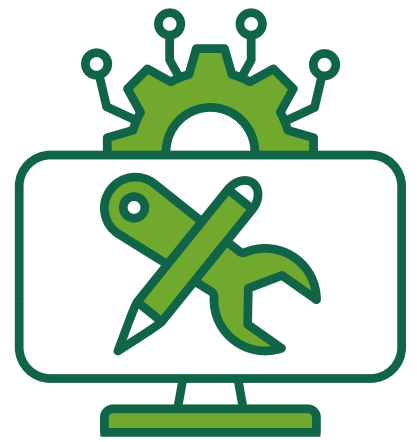
FREE ESSENTIAL DIGITAL SKILLS TRAINING

Date: 11th March (5-day course) Time: 9:30am – 2:30pm

Location: AB&D Centre, Burnley Road, Bacup, OL13 8AB

Want to improve your digital skills? Join this FREE course to:

- Create folders and save files
- Set up and manage email accounts
- Identify and solve technical problems
- Create and edit digital media
- Explore different types of software
- Use digital communication tools



Limited spaces available. To join please contact Adele:

07525 903583

adele.wells@realistictraining.com

FREE TRAINING FOR ROSSENDALE BASED VOLUNTEERS

For community groups, charities, CICs & constituted groups.

11 MAR

16:45 – 18:45

How to Utilise Social Media

With Jessica Stanton, SolvAssist – Social Media & Events Manager

18 MAR

16:45 – 18:45

A Guide to: Grant Funding Applications

With Esther Ferry-Kennington, Creative Development Director, The Horse & Bamboo Theatre

25 MAR

16:45 – 18:45

A Guide to: Event Management

With Gemma Outen, Activity Coordinator, The Whitaker Museum & Art Gallery

To book, or learn more, contact:

laabiyahiqbal@rossendalebc.gov.uk

MARCH 2025

THANK YOU FOR READING

PLEASE SHARE

If you have any information you would like to include our April Communities Bulletin please email us by Friday 28th March 2025

communitiesteam@rossendalebc.gov.uk

