





# COMMUNITY BULLETIN

## FIND OUT WHAT'S HAPPENING IN ROSSENDALE...

- Community Activities
  and Information
- Health and Wellbeing
- Funding
- Training
- Volunteering

## WELCOME TO YOUR JULY COMMUNITY BULLETIN!

We produce a monthly bulletin with our health and community partners to keep you updated on the community support and activities happening across Rossendale. This includes information from our community groups, events, health information, grants and community training opportunities. We hope you will find the bulletin useful.

All published Community Bulletins are available on our website - <u>Community Bulletins</u>

Feel free to share the bulletin with friends, community groups and on your own social media. If you have any information that you would like to share in our next bulletin, or you would like to be added to the e-mail distribution list, email us at <u>communitiesteam@rossendalebc.gov.uk</u>

# **COMMUNITY INFORMATION**

## **SONGS AND SMILES**

HASLINGDEN and BACUP

Music, fun and friendship for the littles, their grown-ups and older adults living in care homes. FREE/donate what you can!

When? Haslingden Hall Mondays 11am or Olive House Thursday 11am

## WOMEN'S ONLY BOXING CLASS - ROSSENDALE WORKS

NGB Union Mill, BB4 7JN

Join Rossendale Works for a FREE, weekly boxing session open to all abilities. When? Thursdays 12pm-2pm.

Contact Geraldine for further details: 07456 755471

## **DISCRETIONARY HOUSING PAYMENTS**

Did you know the Council operates a Discretionary Housing Payment Scheme?

If you receive Housing Benefit or Universal Credit, you could get extra money from the Council to help if:

- You're struggling to pay your full rent
- You do not have enough money for a deposit, moving costs or rent in advance

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You do not have to pay a DHP back.

For further information visit

https://www.rossendale.gov.uk/DHP





#### **CAFE AND CONNECT**

MADEN FAMILY HUB, BACUP

Free brews and toast, and soft-play and toys for the kids. Come and connect with other parents and carers in your community.

Drop in anytime - no booking needed - everyone is welcome! When? Fridays from 25<sup>th</sup> July until 29<sup>th</sup> August between 9:30am-11:30am.

#### **FAMILY FUN DAY**

HASLINGDEN AND HELMSHORE BAPTIST CHURCH

Family fun day with FREE activities including; bouncy castles, donkey rides, face painting, stalls, hot food and drinks, games, and more!

When? Saturday 12<sup>th</sup> July from 11am - 2pm at St. Veronica's Church Hall and Garden.

#### **HEALTH PROTECTION TEAM**

Please see the link below for the latest Heads up Health Protection bulletin. Please could you share this with all your contacts who may find this information useful:

Health Protection Bulletin





# FAMILY MATTERS

## JUNE/JULY

Big energy turns to big emotions all too quickly! Explore strategies to help your child thrive with ADHD and feel more confident too.

#### ASD

ADHD

Every child is unique — as is parenting a child with autism. Support your child with calm, confidence and connection.

#### **Handling Anger in the Family**

When calm turns to chaos, connection matters most. Handle anger with confidence and build a more peaceful family dynamic.

#### **The Teenage Years**

From "I love you" to "Whatever" in 0.2 seconds! Get the tools you need to stay calm, keep connected, and ride the teen wave with confidence.

## AUGUST

#### Primary Years with free Kids Club 0-11 yrs

From cuddles to eye-rolls in a flash! Tackle the ups and downs of parenting 5–11s with confidence and calm.

## SEPTEMBER

#### Dads

From hero to "so embarrassing" overnight! Build strong bonds, tackle challenges, and parent with confidence.

#### ADHD

Big energy turns to big emotions all too quickly! Explore strategies to help your child thrive with ADHD and feel more confident too.

#### ASD

Every child is unique — as is parenting a child with autism. Support your child with calm, confidence and connection.

Connect with us

Your choice - Your Way Join us in person or online

## ASD

OCTOBER

Every child is unique — as is parenting a child with autism. Support your child with calm, confidence and connection.

### Handling Anger in the Family

When calm turns to chaos, connection matters most. Handle anger with confidence and build a more peaceful family dynamic.

#### **Primary Years**

From cuddles to eye-rolls in a flash! Tackle the ups and downs of parenting 5–11s with confidence and calm.

### NOVEMBER

#### The Teenage Years

From "I love you" to "Whatever" in 0.2 seconds! Get the tools you need to stay calm, keep connected, and ride the teen wave with confidence..

### Handling Anger in the Family

When calm turns to chaos, connection matters most. Handle anger with confidence and build a more peaceful family dynamic.

#### Early Years (0-4yrs) with free Day Tots Club

Big futures begin in the early years. Build strong bonds, boost early learning and feel confident in your parenting.



New Era

Scan the QR code to see course dates, times and full details and to book your place online

> Need more info? Contact our office we're happy to help

Chapel Annexe Chapel Place, Hammerton Street Burnley BB11 1LE 01282 435302 | 078777 14693 Email info@neweraburnley.co.uk



#### LADIES ONLY BADMINTON

ST PETER'S COMMUNITY HALL, HASLINGDEN

Every Friday from 7-9pm, this costs just £5 with racquets and shuttlecocks provided by The Rossendale Badminton League. A fun, sociable community badminton group is open to any lady wanting gentle, enjoyable exercise.

Contact Claire to be added to the whatsapp group or for further information.

## 07735566073



### WEEKLY WEEKEND WALKERS LALATTE LOUNGE

Discover Rossendale and see hidden history in Haslingden with a guided 1/2hour gentle walk to enjoy Rossendale's scenery. Everyone is welcome!

When? 12pm-1pm

# EREE IDAY CLUB DROP-IN **MONDAYS 2-4PM**

#### ACTIVITIES

- DRAWING & PAINTING
- OUTDOOR ACTIVITIES & SPORTS
- GAMES & QUIZZES

### CONTACT US

EMAIL: ß LANCASHIRE.GOV.UK

#### ADDRESS

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HASLINGDEN FAMILY HUB, HASLINGDEN COMMUNITY LINK, BURY RD, BB4 5PG

## **NO BOOKING REQUIRED**

JUST SHOW UP! ROSSENDALEGROUPWORK FOR CHILDREN AGED 5-11 YEARS (NO PARENT SUPERVISION NEEDED)

**DROP-IN SESSIONS ALL SUMMER** LONG FROM: 21<sup>ST</sup> JULY UNTIL 18<sup>TH</sup> AUGUST





## JUNIOR PARK RUN VICTORIA PARK HASLINGDEN

cheer or volunteer!

Looking for a fun, free, and family-friendly activity? Join the 2k junior parkrun designed especially for ages 4–14. When? Every Sunday at 9am. Warm-up starts at 8:50 AM Register once and bring your barcode each week. Parents and carers are encouraged to

https://www.parkrun.org.uk/victoriapark

## EAST LANCASHIRE YOUNG PEOPLE'S MENTAL HEALTH

Concerned about your mental health? Are you aged younger 18 or concerned about someone younger than 18?

Attend advice session online - enter 'ELCAS' as the first name and 'drop-in' as the second name followed by your date of birth.

## When?

1st and 4<sup>th</sup> Wednesday of the month - 1-3pm 2nd Wednesday of the month - 3-5pm 3rd Wednesday of the month - 5-7pm









## **QR CODE SCAMS**

Action Fraud is urging people to look out for rogue QR codes, after 784 reports of 'quishing' were made to Action Fraud between April 2024 and April 2025, with almost £3.5 million lost.

Find out how to protect yourself from fraud:

https://stopthinkfraud.campaign.gov.uk



JOIN US FOR A SUMMER OF CREATIVITY!

COME ALONG AND MAKE YOUR OWN SUNNY-SEASON MASTERPIECES TO TAKE HOME! FUN FOR THE WHOLE FAMILY - 0-II'S WELCOME! PAINTING · DRAWING · GLUING & STICKING · JUNK MODELLING LET YOUR IMAGINATION SHINE!

> WHEN: 10am - 12pm Saturday 5<sup>th</sup> July

FREE FAMILY FUN EVENT BOOK HERE

ATIO

R CP

WHERE: Rawtenstall Family Hub & The Zone, Burnley Road, BB4 8EW

Enquiries? Contact: Rossendalegroupwork@lancashire.gov.uk



## **WATERFOOT WAKES**

This year's theme is Innovation and Invention. Workshops will be held on:

- Sunday 22nd June 1.30pm 4.30pm Venue : Horse + Bamboo
- Sunday 29th June 1.30pm 4.30pm Venue : Horse + Bamboo
- Thursday 3rd July 10am 12pm Venue : Waterfoot Yard
- Sunday 6th July 1.30pm 4.30pm Venue : Horse + Bamboo
- Thursday 10th July 10am 12pm Venue : Waterfoot Yard

# ROSSENDALE MEN'S SHED OPEN DAY



# MAYOR OF ROSSENDALE MOTORBIKE GROUP DADS N HAIR GUITAR GROUP UKES OF HASSY FREE BBQ & REFRESHMENTS WOOD TURNING

At The Haslingden Community Link, Bury Rd, Haslingden, BB4 5PG

# THE LINK CENTRE

Charity No: 1075926

Or follow **"Rossendale Men's Shed"** on Facebook to see what activities we run

SATURDAY 5<sup>th</sup> July 10AM - 3PM

## VOLUNTEERING

### **SCOUTS LEADER**

Could you be a Scout Leader? Put your skills to use, learn new ones, and help inspire a new generation. No Scouts background needed. For more information visit:

https://www.rossendalescouts.org.uk



### WHITE HORSE PROJECT- LEAD YOUTH WORKER

The White Horse project works with young people aged 11-18 years in Rossendale. They are looking for a Lead Youth Worker - 15hrs per week on a one-year fixed contract. Salary - £10,920. For an application pack email:

jill.bevan@twhp.org

## FUNDING

## **COMMUNITY SPORT INCLUSION FUND**

Rossendale Borough Council, through its Rossendale Together an Active Future programme, has announce a new funding opportunity for local sports clubs aimed at increasing participation and promoting inclusivity in sport and physical activity.

A total of £12,000 is available, with grants of up to £1,000 offered to



eligible clubs. The funding is intended to support projects that engage underrepresented groups in sport, specifically women and girls, individuals with disabilities, and teenage boys. Clubs can use the funding to expand existing activities or develop new initiatives that encourage greater involvement in sport within the local community.

Applications for the grant fund are now open. Email:

## natalieatkinson@rossendalebc.gov.uk

## NATIONAL LOTTERY ENVIRONMENT FUNDING

Funding available for fund community-led projects that improve the environment and help people connect with and enjoy nature where they live. For more information visit:

Environment Funding

## **JUNE 2025**

# THANK YOU FOR READING

## PLEASE SHARE

If you have any information you would like to include our April Communities Bulletin please email us by Friday 25th July 2025.

<u>communitiesteam@rossendalebc.gov.uk</u>



