



**JANUARY 2026**

# COMMUNITY BULLETIN



## FIND OUT WHAT'S HAPPENING IN ROSSENDALE...

- Community Activities and Information
- Health and Wellbeing
- Funding
- Training
- Volunteering

## WELCOME TO YOUR JANUARY COMMUNITY BULLETIN!

We produce a monthly bulletin with our health and community partners to keep you updated on the community support and activities happening across Rossendale. This includes information from our community groups, events, health information, grants and community training opportunities. We hope you will find the bulletin useful.

All published Community Bulletins are available on our website - [Community Bulletins](#)

Feel free to share the bulletin with friends, community groups and on your own social media. If you have any information that you would like to share in our next bulletin, or you would like to be added to the e-mail distribution list, email us at [communitiesteam@rossendalebc.gov.uk](mailto:communitiesteam@rossendalebc.gov.uk)

# COMMUNITY INFORMATION

## KNIT AND NATTER

Come over for a bit of Knit and Natter

When? 10am – 12pm Every Tuesday Morning

☎ 07770244825

LA LATTE LOUNGE  
IC/ID BANK STREET  
RAWTENSTALL  
07770244825

## COME AND TRY WOMENS AMERICANS FOOTBALL @ROSSENDALERAPTORS

EMPOWERING EVERY WOMAN TO FIND HER STRENGTH.  
HER TEAM. AND HER PLACE.



Join Today

[Click Here](#)



## JUNIOR PARK RUN STUBBYLEE PARK | BACUP

FREE sessions , all abilities welcome | 2K Run

When? Every Sunday at 9am  
Suitable for children aged 4-14 years



## CARERS LINK LANCASHIRE BULLETIN

<https://carerslinklancashire.co.uk/so/41PZGuSuL?languageTag=en&cid=bb35a270-068f-4b07-bfb5-7d5fefe3d620>



## ENGLISH CLASSES

### BURNLEY ROAD, BB4 8EW

Every Thursday at 10.30am starting 13th November 2025 Rawtenstall Family Hub and the Zone

To register your interest, please scan the QR code below:



## BABY AND YOU GROUP (0–12 MONTHS)

St James the Less Church, Parish Centre, Rawtenstall

The Baby and You group welcomes parents and babies aged 0–12 months for a relaxed and friendly weekly session. Attendees can enjoy a hot drink, snacks, and the opportunity to chat with other mums in a supportive environment.

The sessions include age-appropriate toys, simple crafts, music, and bubbles for the babies to enjoy.

When? Thursdays, 9:30–11:00am

Cost: £2 per week (cash only)

## Birds in Greenspaces – New Project from BTO

The British Trust for Ornithology (BTO) has launched a new project, Birds in Greenspaces, which encourages people to connect with nature by surveying birds in their local parks and green spaces.

The best way to stay up to date with the project is by signing up to the Birds in Greenspaces newsletter, where participants will receive news, updates, and resources to support their involvement.

The survey officially launches in April 2026, and in the meantime BTO is offering a range of free resources to help people get started. These include the Winter Warm-Up Pack, available now and free to access.

 Winter Warm-Up Pack:

<https://www.bto.org/greenspaces-warm-up>



## **Family outdoor activities & trail maintenance volunteering**

**Jan- July 2026**

**Various evenings/  
weekends**

**To book or for more information  
please contact**

**[waveadventure@outlook.com](mailto:waveadventure@outlook.com)  
or  
[www.waveadventure.co.uk](http://www.waveadventure.co.uk)**





# Gentle Movement to Music

## Move More – Feel Great – Share The Fun

A fun, friendly community class – gentle seated or standing movements to uplifting music with FREE refreshments.

We help you keep moving, boost your mood and enjoy the company of a friendly group. All ages and abilities welcome.

### Why Join?

- Improve flexibility and balance
- Do as little or as much as you wish
- Reduce stiffness and joint pain
- Feel better and build confidence
- Carers welcome to join in free of charge

### What participants say

Good atmosphere and enjoyable – Christine

Leotards and lycra not necessary! – Julie

Good exercise, not too energetic – Marian

**Wednesdays,  
2:30 – 3:45pm**

ABD Centre, Bacup OL13  
8AB, Accessible Venue



£5 per session  
**1st session half price,  
bring a friend for free**

Follow us on Facebook  
[@inspiremotivatetransform](https://www.facebook.com/inspiremotivatetransform)

We provide bespoke sessions for community groups. Call Rebecca for more info – 07510 187211



## CAFÉ & CONNECT

Parents and carers are invited to drop in for a cuppa, a bite to eat, and a friendly chat with others in the community.

Throughout the sessions, a range of local professionals – including energy advisors, wellbeing practitioners, employment support staff, and more – will stop by for relaxed conversations and helpful advice.

Family Hubs Network

Enquiries: [rossendalefamilyhub@lancashire.gov.uk](mailto:rossendalefamilyhub@lancashire.gov.uk)

When & Where

Mondays

Maden Family Hub, Rochdale Road, Bacup, OL13 9NZ

Drop in between 9:30am – 11:30am

Fridays

Rawtenstall Family Hub & The Zone, Old Fire Station, Burnley Road, Rawtenstall, BB4 8EW

Drop in between 9:30am – 11:30am

These sessions run every Monday and Friday morning from 3rd November until 22nd December.

**citizens advice East Lancashire**

**Support & Advice  
Face-to-Face  
Drop-In Session in Bacup**

*Every **Wednesday and Friday**  
from 10:30am to 1:00pm*

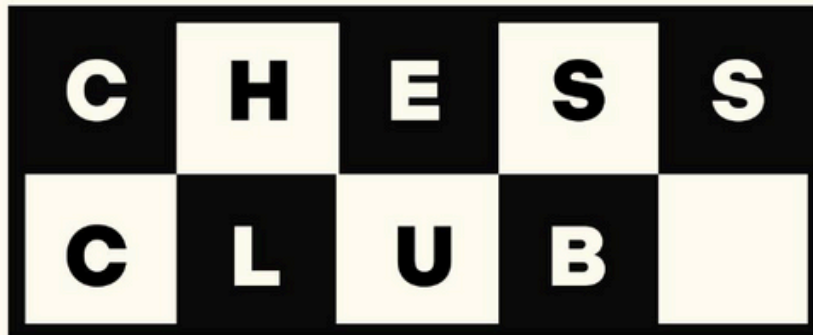
**Customer Services Hub,  
Futures Park, Bacup OL13 0BB**

No appointment needed – just drop in for a chat or support 😊

**For more Information**  
 [www.cael.org.uk](http://www.cael.org.uk)

**citizens advice East Lancashire**

## HASLINGDEN ROOKS



Haslingden Community Link,

Bury Rd, Haslingden BB4 5PG

Monday 6:00pm to 8:00pm. Just £2.00 to attend



Join us for a game.  
No booking required, just turn up!

All ages, all abilities are very welcome!

**THE LINK CENTRE**  
@HASLINGDEN COMMUNITY LINK



#dansworksfamily



# ACADEMY Of Performing Arts

Dansworks offer classes in acting, singing, dancing and music to people of all ages, including people who have additional needs. Whether you're aiming for a career in performing arts, or just to have fun!

## WE RUN CLASSES FOR:

- Parent and Toddlers
- Children's Classes from age 2 ½
- Classes for Adults
- Classes for children with special educational or physical needs (SEND)
- Classes for adults with special educational or physical needs (SEND)

## OUR CLASSES:

Ballet	Acting
Tap	Piano
Street Dance	Violin
Pre-Pointe & Pointe	Guitar
Jazz	Woodwind
Contemporary	Brass
Acrobatic Dance	Singing
Musical Theatre	Vocal Coaching

GROUP & ONE-TO-ONE classes available.



*Like what you see?*

We offer 1 Month of classes FREE so you can try before you commit.

Scan me to enter your details!

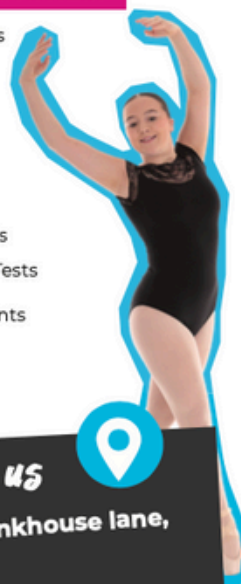


*Some of our*

## EXCITING OPPORTUNITIES!

- Perform in annual Shows
- Public performance opportunities
- Take part in bi-annual trips to Malta
- Perform in Pantos
- Perform at local Carnivals
- Fun Rosette and Medal Tests up to Ofqual recognised qualification & UCAS points

*& so much more...*



*Where to find us*

Trinity Baptist, Bankhouse lane,  
Bacup, OL13 0AL

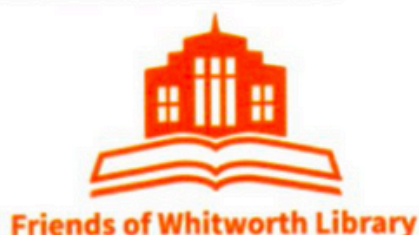


07795 165082



info@dansworks.co.uk

www.dansworks.co.uk



Monday	12pm-6pm
Tuesday	9am-5pm
Wednesday	Closed
Thursday	9am-5pm
Friday	9am-5pm
Saturday	9am-1pm
Sunday	Closed

Whitworth Library, right at the heart of the community, where you'll always get a warm Whitworth welcome. Check out these fabulous activities at the library for everyone to enjoy this Autumn/Winter. All are FREE unless stated.

#### **Mondays**

- 10:00 – 10:45 **Fitsteps** exercise class followed by Pilates (£8.00) 07939 087122 (Jan) for info  
 14:00 – 16:00 **Knit and Natter** - all welcome!

#### **Tuesdays**

- 10:00 – 12.30 **Scrabble Club** Great company and good fun – why not join us?  
 14:00 – 14:30 **Storytime and Crafts!** Stories and themed activities (18 months - 5 years)  
 15.00 – 17.00 **U3A Wellbeing** 1st Tuesday of month - 07762 757925 (Sheila) for info

#### **Wednesdays**

- 10:00 – 11:30 **Rossendale Children and Family Wellbeing Session** for children aged 0-5 yrs  
 18:00 – 20:30 **Yoga, Pilates and Relaxation** Contact Sheila Daly for details (07762 757925) (£5.00 donation)

#### **Thursdays**

- 09:30 – 10.30 **Learn My Way** Computer class for beginners  
 10:00 – 11.30 **Shared Reading Group** All welcome!  
 10:00 – 12:00 **U3A Family History** on last Thursday of month. T. 07790 192120 (Jean) for info  
 14.00 – 15.00 **U3A Creative Writing** 1st Thursday of month. T. 07903 570008 (Kay) for info

#### **Fridays**

- 10:15 – 11:00 **Baby Bounce and Rhyme** (birth to 3 yrs)  
 14:00 – 15:30 **U3A Card Games** on 2nd Friday of month. T. 07860 314968 (Helen) for info.  
 15:30 – 16:30 **Teen Book Club** on last Friday of month. Come along to join!

#### **Saturdays**

- 10:30 – 12.30 **Lego Club** (ages 3+)  
 10:30 – 11.30 **Arts and Crafts** (children, all ages)

And of course, the library has books, lots of books, including audio and large print. You can brush up your digital skills on the public computers, with free Wi-Fi and print and photocopy too.

If you, a relative, or someone you care for, can't get to the library, the team can bring the library home to you, via the Home Library Service. Get in touch by calling 0300 123 6703 and ask to be put through to Whitworth Library, or email: [whitworth.library@lancashire.gov.uk](mailto:whitworth.library@lancashire.gov.uk)

Follow the library or the Friends of Whitworth Library Group Facebook page, for news about events. You can also contact [friendsofwhitworthlibrarygroup@gmail.com](mailto:friendsofwhitworthlibrarygroup@gmail.com) to be added to the mailing list.

## NEURO-MOVES

Specialist dance classes for people living with neurological conditions and their friends and family. When?

Fridays from 1:30pm – 2:45pm at Haslingden Community Link

Thursdays from 12:15pm – 1:15pm online.

For more information:

[www.lpmdance.com/neuro-moves](http://www.lpmdance.com/neuro-moves)

## LCC PUBLIC HEALTH TEAM

HEADS UP FROM HEALTH PROTECTION – DECEMBER 2025

<https://sway.cloud.microsoft/LYEDSXnEoBleyTxF>

## Scout Moor Wind Farm – Community Wealth Fund

Help Shape the Fund

An ongoing consultation is taking place on the Scout Moor Wind Farm Community Wealth Fund, coordinated by Groundwork. This is an important opportunity for local residents and organisations to influence how the fund is designed and delivered.

More than 100 people have already attended drop-in sessions, but so far only around 20 responses have been received via the online survey. Groundwork is keen to hear from more people to ensure the fund reflects local priorities.

The consultation is seeking views on:

How the fund should be governed and managed

What local priorities the fund should support

How local people could be involved in decision-making

Taking part is quick and easy. Simply complete the online survey and have your say.

 Find out more:

[Scout Moor Community Wealth Fund](#)

 Complete the survey:

[Survey](#)

# Breast Screening

## Have you been screened?

Women aged from 50 up to their 71st birthday are invited to attend free NHS Breast Screening every three years.

It's **FAST**; it's **FREE**  
and it can diagnose  
breast cancer **EARLY**



Eligible women registered with: **Ilex View Medical Practice, Fairmore Medical Practice (Rawtenstall), St James Medical Centre, Haslingden Healthcare, Rossendale Valley Medical Practice and Hazelvalley Family Practice** will be sent an appointment letter.

### January- March 2026

The mobile breast screening unit will be based at:

**Rossendale Primary Health Care Centre  
Bacup Road  
Rawtenstall  
BB4 7PL**

Telephone number: **01282 805301**

Email: **[breastscreening.elht@nhs.net](mailto:breastscreening.elht@nhs.net)**



**Safe | Personal | Effective**

**ELHT.** *Because that's who we are*

# Are you worried that someone you know is being radicalised?

Prevent intervenes early to guide people away from radicalisation, giving them the help they need to walk away from extremism:

- Mentoring and ideological interventions
- Mental health support such as counselling
- Education or career development support
- Online safety training for parents

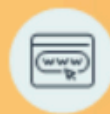
## The programme:



deals with all forms of terrorism, including the extreme right-wing and Islamist



is delivered by local experts, including local authorities, police, teachers, healthcare staff and community organisations



isn't a punishment and won't show up on any criminal record checks

Get help if you're worried about someone being radicalised, visit  
**GOV.UK/PREVENT**





# Haslingden *Table Tennis* Club

THE LINK CENTRE  
@HASLINGDEN COMMUNITY LINK

Bury Rd,  
Haslingden  
BB4 5PG

ALL AGES  
ALL ABILITIES

Just £2.00 to attend

No booking required,  
just turn up!

Monday  
6.00pm - 8.00pm

# FUNDING

## **Cosy Homes in Lancashire – Your Local Council Affordable Warmth Scheme**

The Little Van of Warm, handy person service offers face-to-face practical help, and the installation of simple energy-saving measures, all from the comfort of your home.

The service is available to anyone who , is aged 70+ years OR Has a household income of less than £36,000 per year OR, Is in receipt of a means tested benefit.

What could you receive?

- Draught-proofing
- Radiator reflector panels
- Hot water tank jackets
- LED light-bulbs
- Draught excluders
- Letter box brushes and more!

To book a free visit call 03306 061 488 or, visit [www.chil.uk.com](http://www.chil.uk.com)

# FUNDING

## WINTER IN LANCASHIRE

The Winter in Lancashire pages are up on our website. Filled with useful info and advice for this time of year. Please share this info with your contacts and your communities [Winter in Lancashire - Lancashire County Council](https://www.lancashire.gov.uk/winter/)

<https://www.lancashire.gov.uk/winter/>



### HOW TO PLAY & WHY PLAYING THIS LOTTERY SUPPORTS LOCAL COMMUNITIES



### £25,000

Match all 6 numbers to win

### How To Play

Simply visit our lottery website, create an account and you're good to go. Tickets are only available online. Once set up, click 'Play' and then select the good cause you wish to support and purchase your ticket(s).



### Other Prizes

£2,000 - Match 5 numbers  
£250 - Match 4 numbers  
£25 - Match 3 numbers  
3 Extra Tickets - Match 2 numbers



### £1 How Much Does It Cost?

It's only £1 per ticket!

### How Do I Know If I've Won?

Lucky winners get notified by email. The email has a link to click to take you to your account to claim your winnings.



### 60p Of Every Ticket Supports Causes

50p goes to the good cause you've chosen to support, and a further 10p goes to other good causes in Burnley, Pendle and Rossendale.



### Win Other Prizes Too!

Every month we also run a super draw too where you have the chance of winning some fantastic prizes.





### What Happens To The Rest?

The remaining 40p goes to towards the prizes, running costs and VAT.



### How Many Causes Can I Support?

As many as you like! For example, you could support 1 cause with £10's worth of tickets (the cause would get £5), or 10 causes with £1's worth of tickets (each cause would get 50p).

### When Is The Draw?

Our lottery draws are weekly on Saturday evenings at 8pm.



### Regular Support

You can support every month via Direct Debit. We also offer one-off debit card payment options of either 1, 3, 6 or 12 months.



[www.helpinghandslottery.co.uk](https://www.helpinghandslottery.co.uk)

Tickets will be available from 18<sup>th</sup> November 2025. The first draw takes place on 6<sup>th</sup> December 2025. Visit the website or scan the QR code to play Helping Hands Lottery.



# FUNDING

## Rossendale Affordable Warmth Fund



Homewise are working in partnership with Rossendale Borough Council to deliver the Affordable Warmth Scheme to residents in Rossendale

The grant is available to people who are deemed as vulnerable and have low income.

---

Funding may be available for Rossendale Residents through the Affordable Warmth Grant for;

- Servicing, repairing and replacement boilers and heating systems and associated works including controls.
- Gas fire services and repairs.
- Draught proofing measures.
- Standard loft insulation.
- Glazing improvements.

For more information, please contact Homewise Society on 01254232249 or email [info@homewisesociety.org.uk](mailto:info@homewisesociety.org.uk)



# FUNDING

## HOMEWISE

REPAIRS, IMPROVEMENTS & ADAPTATIONS

**Keeping you safe,  
secure, warm and  
independent at home**

### ABOUT US

We are a local charity that has been helping local people to repair, improve and adapt their homes since 1988.

We work with older, disabled and vulnerable people and anyone with a long-term condition that affects their mobility or independence in the home.

Some of our services – access to our contractors panel and use of our Small Repairs service is open to everyone.

We work in Hyndburn, Rossendale and the Ribble Valley.

### HOW CAN WE HELP YOU?

We offer impartial advice and practical help including:

- Handy person and Small Repairs Service
- Advice and assistance with larger home repairs
- Help to carry out Affordable Warmth work – fitting new boilers and new door and window frames



- Practical help to people returning home from hospital
- Finding trusted contractors and getting quotes for work
- Assistance with filling in forms and applying for financial help for adaptations and repairs.

**OUR ADVICE IS ALWAYS FREE**

**“Absolutely brilliant service.  
I can’t thank you enough for what you did.”**

Working with:



# HOMEWISE

REPAIRS, IMPROVEMENTS & ADAPTATIONS



**Free advice and support to help people throughout East Lancashire living with memory loss stay safe and independent in their home**

Are you living with, or caring for someone with memory loss?

This project supports individuals with any form of memory loss, even before a dementia diagnosis, remain safe in their own homes.

Our caseworkers provide personalised assistance to ensure you're not alone. We help by:

- Assessing and adapting the home for safe, independent living
- Establishing emergency care plans
- Informing you about sitting in and befriending services
- Assessing for formal respite
- Ensuring you and your loved one receive the correct benefits.
- Providing information, referrals to support groups, and guidance on Lasting Power of Attorney

The above list is not exhaustive as each case is assessed individually.



If you would like this information in another format or language, please let us know.

Registered address:

Unit 3, Allied House, Burnley Road, Clayton-le-Moors, BB5 5TW

Homewise is Charitable Incorporated Organisation (CIO).

Our Charity registration number is: 1179077



# VOLUNTEERING

## Lancashire-12 Volunteer Managers Forum

Join the team on TEAMS for the next Volunteer Managers Forum

Thursday 15th January at 1:00pm

This forum is open to all—including volunteer-involving groups and organisations across Lancashire.

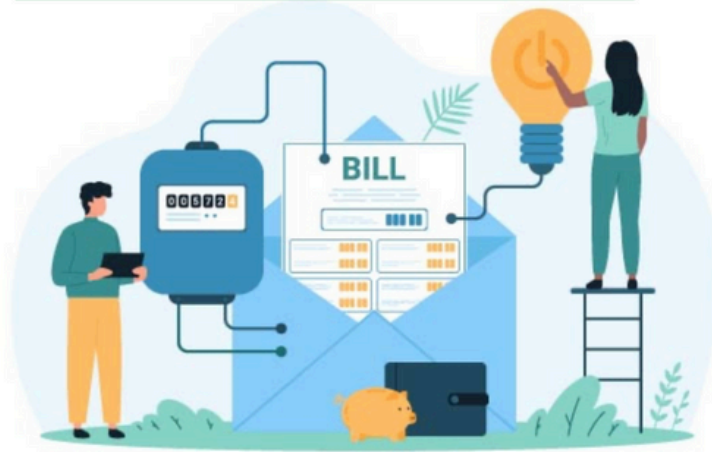
Be part of the ongoing conversation about volunteering in the county.

To register:

[lisa.ross@bprcvs.co.uk](mailto:lisa.ross@bprcvs.co.uk)

<https://www.trybooking.com/uk/FFIF>

## Need help taking control of your energy usage?



newground  
together

GREENER  
TOGETHER

together  
housing

**Take control of your energy costs with Newground Together.  
We can support Rossendale residents to reduce their energy costs and make their homes more energy efficient.**

**Their friendly energy advisors will offer advice on how to reduce the costs of running your home, provide energy saving tools and show you how small changes can make a BIG difference in your home.**

**Call or email Newground Together to find out how you can make savings or to book your home assessment at no cost.**

Tel. 0300 330 5535 Email [hello@newground.co.uk](mailto:hello@newground.co.uk)

# THE LINK CENTRE

## We're Looking for Volunteers




### Make a difference in just 1 hour a week

#### Can you...

- Listen with patience?
- Offer warmth, honesty and kindness?
- Bring a caring, understanding presence?

We're looking for friendly people to chat and connect with those who are elderly, lonely, or isolated. Just a small amount of your time can give someone a reason to smile, feel valued, and know they're not alone.

 **01706 230116**

to find out more and request your  
Volunteer Application Pack

#### What You'll Do

- Spend time talking, listening, and sharing stories
- Build connections and brighten someone's day
- Help create a stronger, more caring community

**No experience needed** — full training and support provided.

We welcome volunteers from all walks of life. If you can spare a few hours a month, you can make a real difference.

Haslingden Community Link  
Bury Road, Haslingden, Rossendale, Lancashire BB4 5PG  
Reg Charity: 1075926, Company No: 3612468



JANUARY 2026

# THANK YOU FOR READING

## PLEASE SHARE

If you have any information you would like to include our January Communities Bulletin please email us by Monday 26th January.

[communitiesteam@rossendalebc.gov.uk](mailto:communitiesteam@rossendalebc.gov.uk)

