



JULY 2026

COMMUNITY BULLETIN



FIND OUT WHAT'S HAPPENING IN ROSSENDALE...

- Community Activities and Information
- Health and Wellbeing
- Funding
- Training
- Volunteering

WELCOME TO YOUR JULY COMMUNITY BULLETIN!

We produce a monthly bulletin with our health and community partners to keep you updated on the community support and activities happening across Rossendale. This includes information from our community groups, events, health information, grants and community training opportunities. We hope you will find the bulletin useful.

All published Community Bulletins are available on our website - [Community Bulletins](#)

Feel free to share the bulletin with friends, community groups and on your own social media. If you have any information that you would like to share in our next bulletin, or you would like to be added to the e-mail distribution list, email us at communitiesteam@rossendalebc.gov.uk



COMMUNITY INFORMATION

HEALTH PROTECTION BULLETIN

Please see the link below for the latest Heads up Health Protection bulletin. Please could you share this with all your contacts who may find this information useful:

Our team is committed to raising awareness and providing valuable information to help you stay healthy and safe. We work to ensure that you have access to the resources and knowledge to help you make informed choices in order to protect yourself and your loved ones.

[CLICK HERE](#)



HASLINGDEN
FARMERS MARKET

SATURDAY 11TH JULY
10AM - 3PM

EMAIL: MARKETS@VSMS.UK

 ROSSENDALE
BOROUGH
COUNCIL

 Made possible with
**Heritage
Fund**

 Blackburn Rd, Haslingden, Rossendale BB45QQ

The poster features a colorful illustration of a farmer in a red apron on the left and a woman in a blue dress carrying a red shopping bag on the right. The background is decorated with colorful bunting. The text is centered and includes the event name, date, time, email, and logos for the organizing bodies.

JUNIOR PARK RUN STUBBYLEE PARK | BACUP

FREE sessions , all abilities welcome | 2K Run
When? Every Sunday at 9am
Suitable for children aged 4-14 years



ROSSENDALE JUNIOR BADMINTON

SUNDAY MORNINGS AT THE ADRENALINE, HASLINGDEN

Rackets and shuttles are provided by the Rossendale Badminton League, and sessions are supported by Badminton England Level 1 assistant coaches.

Session Times

- 9.00 – 10.00 am | Primary age group
- 10.00 – 11.30 am | Secondary age group

First session FREE

Prices

- Primary age group: £2 per session
- Secondary age group: £3 per session

Contact Nigel Holt via the Rossendale Badminton League website:

<http://rossendalebadmintonleague.co.uk/contact-us>



LITTLE CITY
EAST LANCS
Role Play Fun For Kids!

Saturday 11th July
10.00am - 11.15am
11.30am - 12.45pm
Then every 2nd Saturday

Coming to Bacup Community Centre

Use the QR code to book tickets

CAFÉ & CONNECT

Parents and carers are invited to drop in for a cuppa, a bite to eat, and a friendly chat with others in the community.

Throughout the sessions, a range of local professionals – including energy advisors, wellbeing practitioners, employment support staff, and more – will stop by for relaxed conversations and helpful advice.

Family Hubs Network

Enquiries: rossendalefamilyhub@lancashire.gov.uk

When & Where

Mondays

Maden Family Hub, Rochdale Road, Bacup, OL13 9NZ | Drop in between 9:30am – 11:30am

Fridays

Rawtenstall Family Hub & The Zone, Old Fire Station, Burnley Road, Rawtenstall, BB4 8EW | Drop in between 9:30am – 11:30am



MUSIC MOVEMENT WELLBEING

*Improve mobility and boost mood through
music and movement*

Friday mornings 10.30am-11.30am

Trinity Baptist Church

Bacup

**Contact catheddisford1@gmail.com to register
your interest or Whatsapp 07727180164**

Suggested Donation £4



BBQ



Lancashire Fire
and Rescue Service

Fire Safety

Call **999**
if you discover a fire

Stay safe, tell Fire Control
the location, size
and any relevant
information.

Gas BBQ

- ✓ Make sure your barbecue sits flat and away from fences, trees, sheds and furniture.
- ✓ Remember to never use a BBQ indoors.
- ✓ Before using, make sure that all pipes are free from damage and attached correctly (following manufacturers instructions). If in doubt, don't use.
- ✓ Always supervise your children and pets when they are around barbecues, please do not leave the barbecue unattended.
- ✓ Take extra care when cooking on the BBQ and drinking alcohol.
- ✓ Once finished, leave in a well ventilated, outdoor space to cool and remove any Carbon Monoxide build up.

#LookAfterLancashire



BBQ

Fire Safety



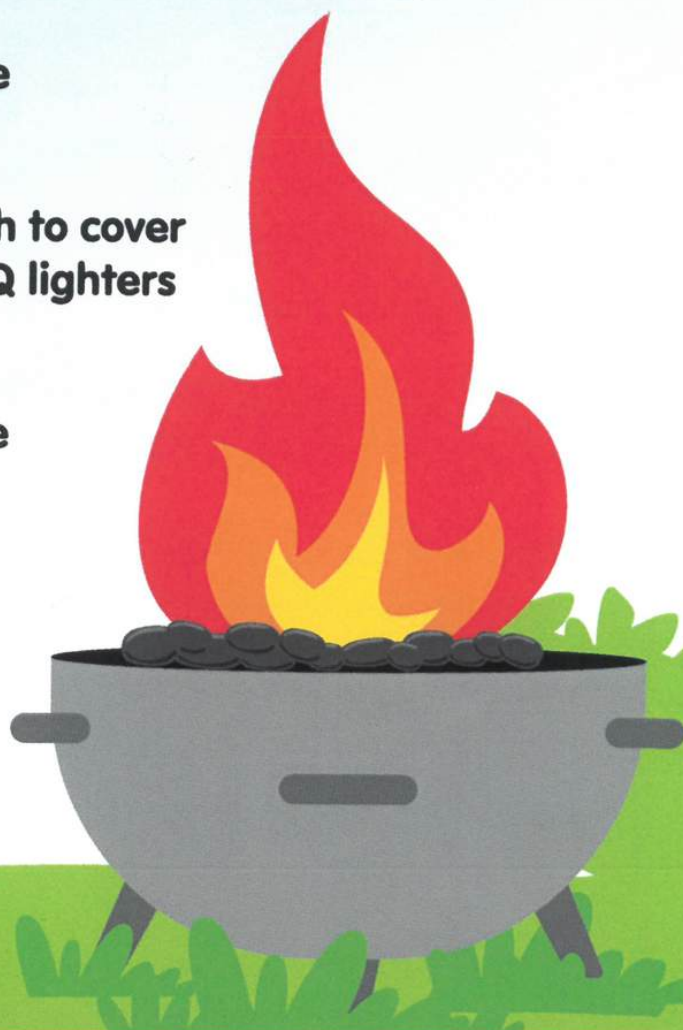
Lancashire Fire
and Rescue Service

Call **999**
if you discover a fire

Stay safe, tell Fire Control
the location, size
and any relevant
information.

Coal BBQ

- ✓ Keep well away from sheds, trees, fences and furniture & never use indoors.
- ✓ Always supervise your children and pets when they are around barbecues, please do not leave the barbecue unattended.
- ✓ Take extra care when cooking on the BBQ and drinking alcohol.
- ✓ Don't overload with coal (just enough to cover the base) and be careful if using BBQ lighters or starter fluids on open flames.
- ✓ Keep a bucket of water or sand close by just in case of an emergency.
- ✓ Disposal – Wait until all ash is completely cool before storing.



#LookAfterLancashire

making Lancashire safer

www.lancsfirerescue.org.uk





The Valley
Leadership Academy



FREE FAMILY FUN & WELLBEING DAY



SATURDAY
11TH JULY 2026



1:00 PM TO
4:00 PM

SOME OF OUR FREE ACTIVITIES & ENTERTAINMENT



Climbing
Wall



Karaoke



Poetry
Workshop
with
Paul Jenkins



Bubble
Workshops
with
Flaming Psychotics



Painting
Workshops



Rounders



Beat the
Goalie



Football



Yoga



Shamanic
Meditation



Plant Station
with Stacksteads
Countryside
Park Group



Performances
from Rossendale
Majorettes &
TVLA Dance Team



NHS
Health
Check Bus



Mental
Health
Stalls



CPR
Drop-In
Workshops



Healthy
Food
Workshops

ALL WELCOME!

Bring your family and friends for a
fun-filled day of wellbeing and community.



FUN FOR ALL AGES!



The Valley
Leadership Academy



Fearn Moss,
Stacksteads, Bacup,
OL13 0TG



ROSSENDALE
BOROUGH
COUNCIL

Rossendale
Primary Care Network

HISTORY ON YOUR DOORSTEP

HOW EVENTS IN ROSSENDALE CHANGED THE WORLD

Come and see how events that happened here 200 years ago had effects around the world and changed the way people lived.

Exhibition on the Weavers's Uprising of 1826, what really went on, where, when and why (Supported by the Open University and the Heritage Lottery Fund).



Weavers' Cottage (Opposite Rawtenstall Cricket Field, Bacup Road)

Saturday July 11th and Sunday July 12th 1.00pm - 4.00pm

Saturday July 25th and Sunday July 26th 1.00pm - 4.00pm

Admission Free.

Groups welcome at other times by appointment:

rossendalecivictrust@googlemail.com



East Lancashire Hospitals
NHS Trust
A University Teaching Trust

Vaginal changes or pain

Heaviness in the vagina

Constant urge to go for a wee

Pain having sex

Leaking wee when you cough, jump, run or laugh

Not able to control wind/pooing yourself

IF YOU HAVE ANY OF THESE PELVIC FLOOR

SYMPTOMS

WE CAN GET YOU
THE HELP AND SUPPORT
YOU NEED

Hospitals in Lancashire and South Cumbria are providing help and support for anyone with pelvic floor problems or concerns during pregnancy and for 12 months afterwards.

For more information on how to refer yourself, speak to your midwife or go to <https://elht.nhs.uk/services/maternity-and-newborn-services/perinatal-pelvic-health-physiotherapy-service-pphs>



These designs were developed by Norfolk & Waveney Local Maternity & Neonatal System

COME AND TRY FREE TENNIS SESSIONS

These sessions are funded by the LTA to give any Adult a chance to have a go at Tennis. We will loan the racquets and balls for the session.

Parkwood Tennis Club is a local community tennis club with 3 all weather floodlit courts located next to The Adrenaline Centre in Haslingden. You can find out about membership from our website and we offer group coaching sessions on a pay and play basis.

DATES & TIMES

Sunday 26th July - 2:00pm

Friday 31st July - 6:30pm

Friday 7th August - 6:30pm

Sunday 9th August - 2:00pm

Participants can book onto the sessions by emailing
valbertenshaw@btinternet.com



ROSSENDALE MEN'S SHED

HASLINGDEN | COMMUNITY LINK

Rossendale Men's Shed provides a friendly, informal space where men can come together for a brew, a chat, and the chance to get involved in practical projects. We know how important connection and purpose are for wellbeing, particularly for men who may be retired, living alone, or experiencing loneliness or mental health challenges.

Whether someone wants to work on a project, learn new skills, or simply enjoy good company and conversation, they are very welcome. No previous experience is needed – just an interest in meeting others.

As Kris Corps, Men's Shed Project Co-ordinator at Haslingden Community Link, explains:

"We're really pleased to have the Shed open again. It's not just about making things – it's about friendship, having a place to go, and knowing you're not on your own. Whether someone wants to work on a project or just have a brew and a chat, they'll be made very welcome."

Men's Sheds have been shown nationally to support mental health, reduce isolation, and help people build friendships and confidence, and we are proud to offer that opportunity locally here in Rossendale.

For more information, please contact:

Kris Corps
Men's Shed Project Co-ordinator
Haslingden Link Centre
Supporting wellbeing, skills & community

T: 07517 118526
Haslingden Community Link
Haslingden, United Kingdom
BB4 5PG

We are currently open:

Monday, Wednesday and Friday
9:00am – 5:00pm

Location:

Haslingden Community Link
Haslingden
BB4 5PG





What a difference a day makes

The Filo project is an award winning not for profit organisation providing enriching small group care days for people with early to moderate dementia and other challenges of older age; stroke, Parkinson's and sensory loss. We delight in providing a warm and welcoming space where friendships are fostered and social isolation diminished. Transport is provided.

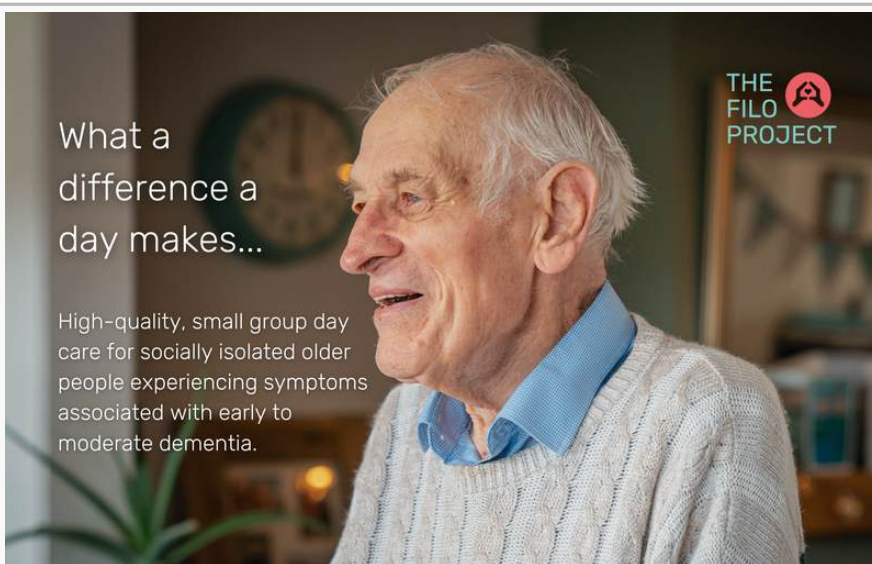
Filo care days take place in the intimate setting of our Host's own

homes; nobody is overwhelmed by a large group. Apart from having a home-cooked lunch, what happens in each group varies and is bespoke to the individual preferences and personalities of each group member.

Within the nurturing environment of The Filo Project, the focus is firmly on individuals' capacities. Clients flourish, many experiencing positive changes in their symptoms and wellbeing. Families are also able to enjoy regular and extended respite.



thefiloproject.co.uk
info@thefiloproject.co.uk
0333 939 8225



What a difference a day makes...

High-quality, small group day care for socially isolated older people experiencing symptoms associated with early to moderate dementia.



Devon | Somerset | East Lancashire | Cornwall | Bournemouth | Christchurch | Poole | www.thefiloproject.co.uk



“

The Filo Project is really blazing a trail in elderly social care. They demonstrate that through developing close, caring and creative relationships, it is possible to bring the lost and lonely back to life. It is this kind of demonstration that helps build the more caring society so many of us crave.

- Kate S, daughter of Mildred

”

THE
FILO
PROJECT



thefiloproject.co.uk
info@thefiloproject.co.uk
0333 939 8225





“

Becoming a host has been one of the most rewarding jobs I have ever done. My guests say that their Filo Day is the highlight of their week and it makes me feel that what I'm doing really matters and makes a big difference in their lives.

”

JOIN US AS A HOST

BE PART OF THE REVOLUTION

in dementia care in your community

The Filo Project is an award winning not for profit organisation providing enriching small group care days for people with early to moderate dementia and other challenges of older age. We delight in providing a warm and welcoming space where friendships are fostered and social isolation diminished.

Filo care days take place in the intimate setting of our Host's own homes. Hosts provide a home cooked lunch and a socially stimulating environment.



Hosts enjoy excellent rates of pay and ongoing training and support. This is an exciting time to be joining The Filo Project as we move into new areas, extending our vital support and helping more people to live well with dementia.

THE
FILO
PROJECT



thefiloproject.co.uk
info@thefiloproject.co.uk
0333 939 8225





BACUP SOCIAL



FEEL GOOD MOVEMENT

Join our gentle exercise class, perfect if you want to move more, feel good and improve health & wellbeing

WEDNESDAYS 2:30PM
MOVEMENT, DANCE, MUSIC
REFRESHMENTS & CHAT

Good atmosphere
and enjoyable -
Christine

Good exercise, not
too energetic -
Marian

£5 - FREE REFRESHMENTS

Carers come for free with the person they care for.

ABD Centre, Bacup OL13 8AB

Need more info? Call 07510 187211 or contact via
Facebook @inspiremotivatetransform



LOCAL TRANSPORT PLAN (LTP) – IMPLEMENTATION PLAN

INVITE YOU TO TAKE PART IN THE CONSULTATION

This plan forms a key component of the wider Lancashire Local Transport Plan and sets out in detail how improvements to travel and transport will be delivered at a local level over the next four years.

Your views are vital in helping us to develop a transport system that supports a stronger, fairer and sustainable future for Lancashire.

Your organisation's input will help us to inform the final version of the Local Transport Implementation Plan, and ensure it reflects the priorities and aspirations of those who live, visit and work in Lancashire.

The consultation webpage (<https://lancashire-cca.gov.uk/have-your-say/local-transport-plan-ltp-implementation-plan-2026-2030>)

includes some materials to support your review, including:

- Lancashire Local Transport Implementation Plan
- Integrated Sustainability Appraisal (ISA)
- The Habitats Regulations Assessment (HRA).

We're asking if you could review the draft plan and share your feedback by completing our online survey.

When you are completing the survey, please select the option to indicate you are responding on behalf of an organisation.

Printed copies of the survey and key materials are available upon request.

The consultation will remain open until Tuesday 30 June at 11:59PM, and we look forward to gathering your feedback on our Local Transport Implementation Plan.

COLOURFUL FOOTSTEPS

Soft Play, Big Smiles:

SEND Friendship Group



**Where? Maden Family Hub
Rochdale Rd, Bacup, OL13 9NZ**



**When? Thursdays, 3:30-4:45,
16th April until 16th July**



Who can join?

**Children aged 5-11 with any
Special Educational Needs or
Disabilities (SEND), at any stage
of diagnosis. Siblings are
welcome! All children must be
accompanied by a parent or
carer.**

**Explore
emotions,
build
confidence**

**Make
friends in
a safe,
supportive
space**



Enquiries?

Contact: Rossendalefamilyhub@lancashire.gov.uk

Scan here for more information



A vibrant, colorful illustration of a community event. In the background, a bright sun with rays shines over rolling green hills. Silhouettes of various activities are shown: a person jumping, a person on a bicycle, a person running, and a person in a yoga pose. In the foreground, a diverse group of people are engaged in activities: a family with a baby, a woman hula hooping, a man stretching, and two children playing with a soccer ball. To the right, a colorful refreshment cart with a striped awning is being served by a woman. The scene is decorated with balloons in the top corners and stylized leaves and hills in the background.

COMMUNITY FUN AND FITNESS DAY

ALL WELCOME

Contact Christine 07966 399484

Lumb Millennium Green Peers Clough Road
5th July 2026
12pm - 4pm

Refreshments available, activities,
entertainment and fun for all the family.



ARE YOU A CARER?

1 IN 8 ADULTS IN THE UK
ARE CARERS

CARERS SAVE THE UK
ECONOMY £162 BILLION
PER YEAR.

THERE ARE 12,000 NEW
CARERS EVERY DAY.

1 IN 3 NHS STAFF PROVIDE
UNPAID CARE

YOU CAN FIND OUT MORE INFO BY CONTACTING US:
01254 387444
OR, COMPLETE OUR SELF REFERRAL FORM :
[HTTPS://WWW.CARERSLINKLANCASHIRE.CO.UK/REGISTER-CARER](https://www.carerslinklancashire.co.uk/register-carer)

CRAFT AFTERNOONS

WHITEWELL BOTTOM COMMUNITY CENTRE

£1 per class

Everyone Welcome

Refreshments Available

01706218613

Whitewellbottomca@googlemail.com

WHEN & WHERE

Every Tuesday 12pm to 2pm

Whitewell Bottom Community Centre
Burnley Road East
BB49LB



x



Rossendale Pride Festival

Saturday 18th July | 11am-3pm - FREE

Join us for the award-winning Rossendale Pride. Enjoy live music, family-friendly entertainment, local food and drink, and a variety of community stalls.

Lancashire
Tourism Awards
2026
WINNER
SMALL EVENT AWARD

BE
CONFIDENT

NEW
SKILLS

MAKE
FRIENDS

BELONG



STEP UP TO YOUTH WORK

COOKING - TEAM GAMES - SPORTS-
SOCIALISING - CHILL TIME WITH YOUR MATES

GUEST SPEAKERS ON ISSUES THAT
AFFECT YOUNG PEOPLE!

A large, stylized illustration of a hand in a warm brown tone, making a peace sign with the index and middle fingers extended. The hand is positioned on the left side of the poster, partially overlapping the date circle.

**JUNE
18TH**
UNTIL 16TH
JULY

**FOR YOUNG
PEOPLE IN
YEAR 6
ONLY!**



**RAWTENSTALL FAMILY HUB AND THE
ZONE, OLD FIRE STATION, BB4 8EW.**

 **3:30-5:30PM**

JUST TURN UP, NO BOOKING
REQUIRED! PLEASE NOTE

! PARENTS/CARERS ARE REQUIRED
TO DROP OFF & PICK UP CHILDREN

Enquiries:
Rossendalefamilyhub@lancashire.gov.uk

VALLEY
HERITAGE

RV
ENERGY
Rossendale Valley Energy
A community energy organisation for Rossendale



People's Emergency Briefing

On the climate and nature crisis

Bacup, Rossendale

Film screening and discussion with Valley Heritage
and Rossendale Valley Energy



17th July - 6.30pm for a 7pm start
Bacup Community Centre (ABD),
Burnley Road, Bacup, OL13 8EB

← *Scan to book a place*

Or email info@rvenergy.org.uk



Working Together in Partnership on Holcombe Moor and Stubbins Estate

Experts in land management and environmental restoration, the National Trust team here on Holcombe Moor and Stubbins Estate are exploring ways in which we can work with local groups, organisations and individuals so that everyone can benefit from this beautiful upland estate.

Consisting of farms, woodlands and moorland, all rich in history and wildlife, there's a multitude of opportunities for you to get involved in, from guided walks to interactive workshops.

Please share your ideas in our online survey!

We are keen to gather as many ideas as possible for how groups, organisations and individuals would like to spend time with us. Fill in our short survey by scanning the QR code or email nikolas.taylor@nationaltrust.org.uk





Rossendale Dementia Information & Wellbeing Event



**Save
the
date!**

If you are living with dementia, support someone who is, or want to know more - come and join us for a brew and to find out about services, activities and products for people living with dementia, and their Carers.

**Free
event**
All welcome!

Entertainment

Rossendale
Radio

Information
stalls

Goofus
Theatre

Knitz At
Fitz
Wellbeing
Group

Refreshments

Raffle

Friday
25th September 2026
10.30am - 3.30pm



The Ashcroft, Market St, Whitworth
OL12 8DP

For more information, contact us: lisa@beaconrossendale.org.uk





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**Goofus
Theatre**



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Refreshments



Raffle

**Friday
25th September 2026
10.30am – 3.30pm**



**The Ashcroft, Market St, Whitworth
OL12 8DP**

For more information, contact us: lisa@beaconrossendale.org.uk



ROSSENDALE NEW LOCAL PLAN

What is a Local Plan?

The Local Plan sets out the vision for how Rossendale will be developed over the next 15 years, in line with national policy and legislation. We must identify land to meet the housing, community, infrastructure and employment needs of the next 15 years. It will protect land for open space, biodiversity and sport.

The Local Plan will be examined by an independent Planning Inspector, and used to determine planning applications in Rossendale.

Why do we need a new Local Plan?

Every local authority must have an up-to-date Local Plan. The Rossendale Local Plan 2019 to 2036 was adopted in December 2021. It is nearly 5 years old so is due for review. The Government is changing national planning policy and how local plans are prepared.

Timetable

Local Plans are expected to be shorter, not repeat national policies to manage development, and to be prepared and adopted within 30 months.

Local Plan event	Date
Publish Notice of Intention to Commence	11 May 2026
Scoping Consultation start - end	15 June – 27 July 2026
Gateway 1 Self-Assessment	15 October 2026
Plan Content and Evidence Consultation start - end	15 May – 30 June 2027
Gateway 2 Advice sought	15 September 2027
Proposed Plan Consultation start - end	1 June – 30 July 2028
Gateway 3 – Stop/Go Advice sought	1 September 2028
Submission of the proposed Local Plan to the Secretary of State for independent examination	31 October 2028
Examination Recommendations published	March 2029
Adoption	30 April 2029

Scoping Consultation

The Council has published its intention to commence a new Local Plan and we will start a Scoping Consultation, lasting for 6 weeks from **15 June to 27 July 2026**.

This will ask for your views on:

- **How should we engage with you?**
- **What should be in the Local Plan?**

Call for Sites

In order to help understand the land supply, we will be issuing a Call for Sites, asking landowners, developers and residents to identify land for new housing, new employment and for other uses such as open space, biodiversity net gain.

Next Steps

- **Scoping consultation to start 15 June for 6 weeks**
- **Call for Sites consultation – expected to start in summer 2026**
- **Gateway 1 to be published 15 October – start of 30 month timetable**
- **Start working on vision, content and evidence base,**
- **2nd consultation due summer 2027**

What about Local Government Re-organisation?

The Local Plan Timetable extends beyond 1 April 2028, when the new unitary authorities covering Lancashire come into effect. This means that Rossendale Borough Council will start preparing the Local Plan but the later consultation and its adoption will be undertaken by the new unitary council covering the Rossendale area.

How do I get involved?



This QR code will take you to the Council's webpage where you can register online to receive updates.

The website will be kept up-to-date. For latest news and information about how you can respond to consultations please visit

www.rossendale.gov.uk/newlocalplan

Documents can also be viewed during opening hours at the Customer Service Hub, Futures Park in Bacup, OL13 0BB and all libraries in Rossendale.

Forward Planning Team: Anne Storah Nat Davies Louise Kirkup

Email: forwardplanning@rossendalebc.gov.uk

SICK OF BEING **SKINT?**

newground
together

Practical Support for Financial Confidence

The ongoing cost of living crisis has many of us worried about making our money stretch.

Our team is here to work with you to make sense of your finances. Together we will look for ways to make savings for you.

We can help you



Understand your bills

Look at what's coming in and going out and help make things more manageable.



Get a fair deal

We'll support you when dealing with household bills, making sure you're treated fairly.



Build confidence

We'll help you develop the skills and confidence to manage your money going forward.

**Together we can
achieve great things**

newgroundtogether.co.uk

Why Choose us?

We listen,
we care, and
there's no
judgement.

Support
tailored to
your needs.

Practical
help you can
trust.



Get in touch today

Call: 0300 330 5535



Email: hello@newground.co.uk



Scan Me

SICK OF BEING
SKINT?

HEALTH



UK Government

NHS



**WRAP YOUR
CHILDREN UP
WITH THE BEST
PROTECTION –
VACCINATIONS**

Are your child's vaccines
up to date?
Check their red book or
speak to their GP practice.

**STAY STRONG.
GET VACCINATED.**



HEART TO HEART SUPPORT

PART OF



Safer
Rossendale

Have you seen, or supported, someone who has experienced a **cardiac arrest**?

You might have many questions about what has happened, and in your own time, might feel you need to talk about this (whatever the outcome).

A free support session is available to you on the last Sunday of every month (excluding December) at St Veronica's Church Hall, 503 Helmshore Road, Rossendale, BB4 4JR, 2.30-4pm.

Here, you can learn more about what cardiac arrest is, talk to trained peer supporters about your experience, and access training in basic life support if you would like.

This support is for anyone within East Lancs, Bury, Rochdale or further afield, who might need someone to talk to. For more information, contact Emma on 07425865504 or just drop in on the day.



Resuscitation
Council UK



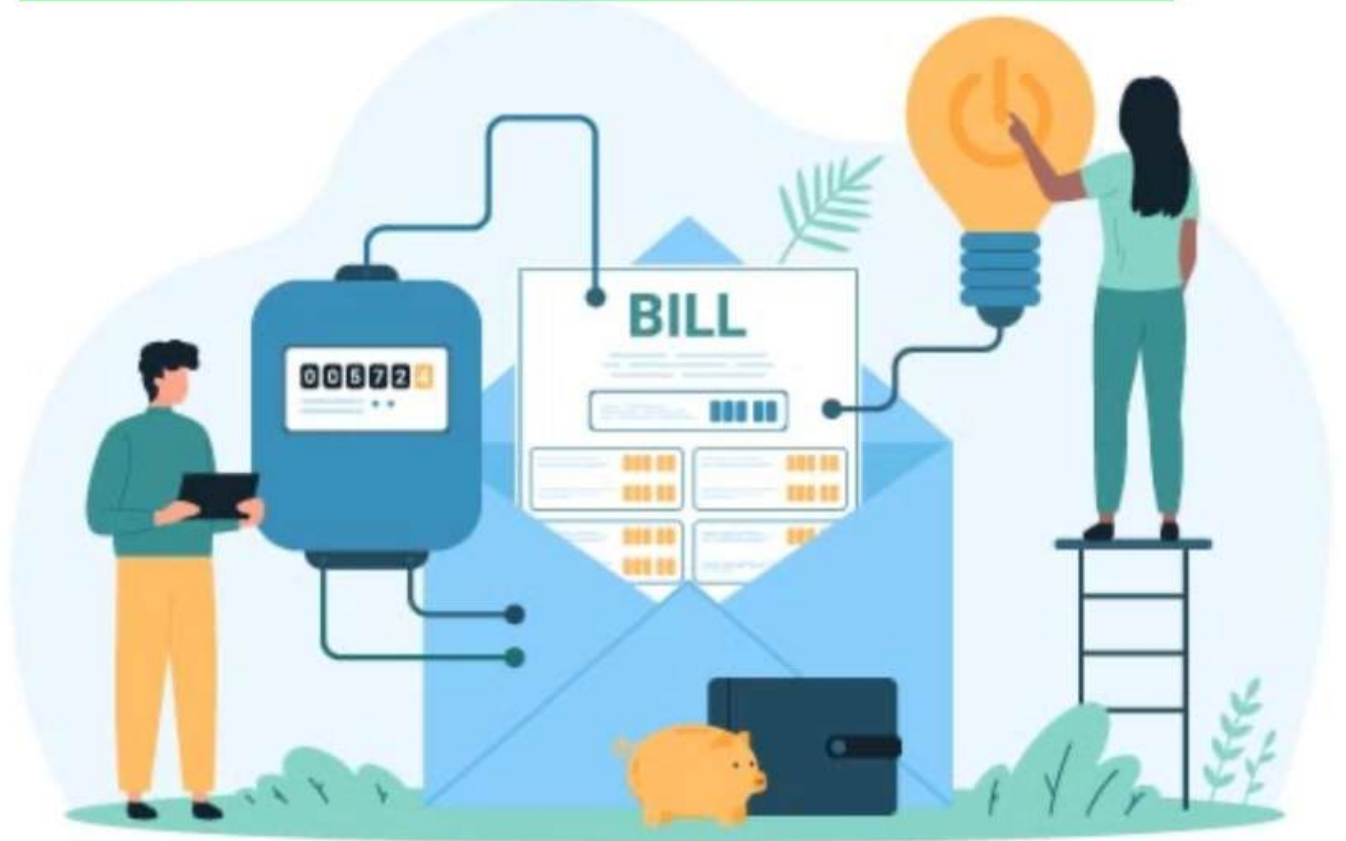
See our Facebook Page at
Heart to Heart Support



ROSSENDALE
BOROUGH
COUNCIL

ENERGY

Need help taking control of your energy usage?



newground
together



together
housing

**Take control of your energy costs with Newground Together.
We can support Rossendale residents to reduce their energy costs and make their homes more energy efficient.**

Their friendly energy advisors will offer advice on how to reduce the costs of running your home, provide energy saving tools and show you how small changes can make a BIG difference in your home.

Call or email Newground Together to find out how you can make savings or to book your home assessment at no cost.

Saving Energy

NOW WITH LONGER, LIGHTER DAYS NOW HERE , IT'S A GREAT OPPORTUNITY TO REVIEW HOW WE MANAGE BUILDING ENERGY PERFORMANCE DURING PERIODS OF REDUCED OCCUPANCY. SPRING BRINGS WARMER TEMPERATURES AND BRIGHTER EVENINGS, CREATING PERFECT CONDITIONS TO CUT UNNECESSARY ENERGY USE AND ASSOCIATED COSTS.

Below are some easy-to-action measures and helpful resources.

Update heating timers for spring

As the clocks have recently changed, make sure your heating system timers have been updated. If not, your building may be heated unnecessarily for an extra hour each day.

Review heating systems settings

As warmer weather approaches, this is the perfect time to fine-tune system settings so you're not using more heat than needed. Even small adjustments have noticeable savings. Drop thermostats by a degree or two now that outdoor temperatures are rising, you are unlikely to notice, but your energy bills will.

Maximise natural daylight

With lighter nights, staff should need fewer artificial lights. Encourage teams to switch off lights in unoccupied areas such as meeting rooms, corridors, toilets and storage spaces. Lighting can account for up to 50% of electricity use, so this is a big win!

Label light switches

Unlabelled switches often mean whole areas are left illuminated unnecessarily. Label switches so staff know exactly which ones to use when locking up for the day.

Use daylight instead of lights

Take advantage of brighter days by keeping blinds open and workstations close to windows where possible. Making use of natural light is one of the simplest ways to reduce lighting demand.

Run a 'Switch - Off' awareness campaign

A Switch-Off Campaign is a simple internal initiative that reminds staff to power down lights, equipment, and heating in rooms that aren't being used. This can include putting up eye-catching posters, adding stickers near light switches, sharing quick tips in staff bulletins, and encouraging teams to do an end-of-day "switch-off sweep." The aim is to build everyday habits that reduce wasted energy

Additional Resources

Full article from Business Energy Scotland: Eight easy ways to save energy now the light nights are here · Business Energy Scotland (for posters, templates, and daylight-saving inspiration).

- Better business guide to energy saving | The Carbon Trust
- For additional support, Net Zero Go offers a free, UK-wide platform providing resources, tools and case studies to help local authorities develop and deliver effective net zero projects. Home - Net Zero Go

If you have any questions or would like support in managing your building's energy performance over Easter or beyond, please get in touch with the hub.

CONSUMER ALERT

Warmth in UK | Warmth in UK Ltd



Warmth in UK Limited have been operating across Lancashire offering free quotes on loft insulation and other insulation measures.

They have been cold calling door to door and pressure selling, especially to older residents.

Concerns raised include:

- Pressure to have insulation installed quickly
- Upfront deposit
- Quote of £4000 for works on many quotes regardless of the work undertaken
- Offers reflective foil insulation between rafters, often when adequate insulation is already in place
- Foil insulation is disproportionately expensive relative to the likely energy savings and may create ventilation or condensation risks if incorrectly specified.

What you can do:

- Do not agree to work from cold callers
- Contact Greener Homes Lancashire if you have a quote for a sense check on 0330 606 1488 (Option 3)
- Get advice before paying a deposit

CLICK HERE

Website: warmthinuk.com

COSY HOMES IN LANCASHIRE

UPGRADE YOUR HOME FOR FREE, WITH SUPPORT FROM YOUR LOCAL COUNCIL



Are you a homeowner, private landlord or private tenant?

You could qualify for FREE energy efficiency home improvements direct from your Local Council.

How to qualify:

- Your property must have an EPC rating of D, E, F or G (Don't know your EPC? We can help with this) AND
- You live in an eligible postcode area (see website) OR
- Your annual household income is less than £36,000 gross OR
- Someone at home receives a means tested benefit

What could you receive?

- High Heat Retention Storage Heaters
- Air Source Heat Pump Central Heating
- Solar PV Panels
- All types of insulation and more

03306 061 488
WWW.CHIL.UK.COM

VOLUNTEERING

THE LINK CENTRE

We're Looking for
Volunteers



Make a difference in just 1 hour a week

Can you...

- Listen with patience?
- Offer warmth, honesty and kindness?
- Bring a caring, understanding presence?

We're looking for friendly people to chat and connect with those who are elderly, lonely, or isolated. Just a small amount of your time can give someone a reason to smile, feel valued, and know they're not alone.

 **01706 230116**

to find out more and request your
Volunteer Application Pack

What You'll Do

- Spend time talking, listening, and sharing stories
- Build connections and brighten someone's day
- Help create a stronger, more caring community

No experience needed — full training and support provided.

We welcome volunteers from all walks of life. If you can spare a few hours a month, you can make a real difference.

Haslingden Community Link
Bury Road, Haslingden, Rossendale, Lancashire BB4 5PG
Reg Charity: 1075926, Company No: 3612468





coram
Beanstalk
creating readers

Could you help create a reader?

Support a child in a local primary school once a week as a trained Coram Beanstalk reading helper. Scan the code to find out more.



www.corambeanstalk.org.uk

GET VOLUNTEERING: A DEDICATED WEBSITE MAKING VOLUNTEERING EASIER FOR EVERYONE

Burnley, Pendle and Rossendale Council for Voluntary Service (BPRCVS) has launched a brand-new volunteering website, Get Volunteering, making it easier for local people to find opportunities and for groups and organisations to recruit volunteers.

The platform brings volunteering in Burnley, Pendle and Rossendale together in one place. Local people can quickly search for roles that match their interests, availability and location, while organisations can create and manage opportunities with ease.

Each listing includes detailed information such as role descriptions, hours required, training provided, DBS requirements and safety policies, so volunteers know exactly what to expect. BPRCVS reviews enquiries and supports the process, helping match the right volunteers to the right roles.

For organisations, the system is efficient and flexible – opportunities can be updated, renewed or closed at any time, and automated notifications help you stay informed. The more detail you provide, the easier it is to attract suitable volunteers.

The BPRCVS Volunteer Team remains available to offer advice and support to both volunteers and organisations.

How to Get Started

To find a volunteer role:

Visit: <https://bprcvsgetvolunteering.co.uk/>

Search using your postcode, keywords, interests or activity type. Create an account and apply online in just a few minutes.

For groups and organisations:

Register using the same link to create an account and start publishing opportunities straight away.

For support,  **thehub@bprcvsgetvolunteering.co.uk** or  **01282 433740.**

JULY 2026

THANK YOU FOR READING

PLEASE SHARE

If you have any information you would like to include our August Communities Bulletin please email us by Wednesday 29th July

communitiesteam@rossendalebc.gov.uk

